



# Healthy Families San Benito County™



## Home Visiting Program

Healthy Families America (HFA) is a free, voluntary home visiting program that supports expectant and new parents who live in San Benito County—from pregnancy through the child's third birthday. Families who meet income eligibility requirements can enroll at any time during pregnancy or before their newborn reaches 3 months of age.

### > Family-Focused Support

Our goal is to ensure you and your baby have the resources and support you need during this important time.

### > One-on-one support

Through regular home visits, families receive personalized support, information, and encouragement to promote a healthy start for their children and strengthen overall family well-being.

### > Free and Voluntary

Families choose to participate in HFA at no cost. The program is flexible, family-led, and designed to support your goals during pregnancy and early childhood.

### For more information



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