



San Benito County RFA

# MARCH NEWSLETTER

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# Supports 4 You

## UPCOMING COFFEE WITH CAREGIVERS

VIRTUAL SUPPORT GROUP FOR KINSHIP, GUARDIAN, FOSTER, AND ADOPTIVE FAMILIES. MAKE YOURSELF A CUP OF COFFEE, AND JOIN US FOR AN INTERACTIVE PEER TO PEER SUPPORT GROUP. EMAIL: [COFFEE@CACAREGIVERS.ORG](mailto:COFFEE@CACAREGIVERS.ORG)

FRIDAY MARCH 6 | 11:30-12:30PM

FRIDAY MARCH 13 | 11:30-12:30PM

FRIDAY MARCH 20 | 11:30-12:30PM

FRIDAY MARCH 27 | 11:30-12:30PM

REGISTER BY VISITING THIS WEBSITE: [LINKED HERE](#)

## TEXTURED HAIR CARE LEVEL I WITH STYLES 4 KIDZ

MARCH 11 | 5:00-7:00PM | [REGISTER](#)

## FAMILY URGENT RESPONSE SYSTEM & KINSHIP NAVIGATOR

LEARN ABOUT THE FAMILY URGENT RESPONSE SYSTEM AND NEW  
VIRTUAL SERVICES NAVIGATOR  
RECORDED WEBINAR | [SLIDES](#) | [FAMILY URGENT RESPONSE FLYERS](#) |  
VIRTUAL

[SUPPORT SERVICES](#) | [FURS \(833\)939-3877](tel:(833)939-3877)

# SUPPORTS 4 YOU

## CALIFORNIA PARENT & YOUTH HELPLINE | PARENTING HELP



**California  
Parent & Youth  
Helpline**  
1-855-4A PARENT  
1-855-427-2736

**8am-8pm Monday-Sunday**

CALL, TEXT OR LIVE CHAT NOW  
FOR EMOTIONAL SUPPORT OR TO  
SIGN UP FOR ONLINE PARENTING  
SUPPORT GROUPS

[caparentyouthhelpline.org](http://caparentyouthhelpline.org)  
[info@caparentyouthhelpline.org](mailto:info@caparentyouthhelpline.org)

Asking for Help is a Sign of Strength®

## FAMILY URGENT RESPONSE SYSTEM



California  
**Cal-FURS**  
Family Urgent Response System

1-833-939-FURS  
3877

## HOME | FIRST 5 SAN BENITO



## SAFE KIDS SAN BENITO COUNTY | SAFE KIDS WORLDWIDE

### SAFE KIDS SAN BENITO COUNTY

Safe Kids San Benito County is led by San Benito County Health and Human Services Agency, which provides dedicated and caring staff, operation support and other resources to assist in achieving our common goal: keeping your kids safe. Based on the needs of the community, this coalition implements evidence-based programs, such as car-seat checkups, safety workshops and sports clinics, that help parents and caregivers prevent childhood injuries.





HEALING FROM CHILDHOOD TRAUMA- "HOW CAN YOU STILL LOVE ME?"

[LINK HERE](#) FOR FULL PODCAST EPISODE



10 RESOURCES FOR FOSTER PARENTS

[LINK HERE](#) FOR ALL 10 RESOURCES



Fostering Parenthood: The Podcast

[LINK HERE](#) FOR PODCAST EPISODES



**PARENTS & CAREGIVERS**

**YOUR VOICE IS  
IMPORTANT!**



SCAN HERE

HELP US UNDERSTAND HOW FAMILIES IN SAN BENITO COUNTY ACCESS RESOURCES BY TAKING THIS QUICK 1-MINUTE SURVEY!

**SAN BENITO COUNTY  
PUBLIC HEALTH SERVICES**



— — —  
MENTAL HEALTH SUPPORT AT YOUR  
DOORSTEP IN SAN BENITO COUNTY

**(831) 902-2911**

CALL NOW



# Westcoast Children's Clinic

## **Self Paced CSEC Training Options**

WestCoast now offers both the CSEC 102 and the Advanced CSEC Caregiver training in an online self-paced format. As a participant, you will be able to take all 4 modules of these curriculum at your own pace. Each module includes videos and engaging activities to ensure participants develop understanding and comprehension of the material.

If you would like to register to take the trainings online through our Teachable portal, please use the links below.

[CSEC 102 Self-Paced](#)

[Advanced CSEC Caregiver Self-Paced](#)

**THE CSEC 102 SELF-PACED TRAINING IS \$75 PER PERSON**

## **Caregiver Office Hours**

Have you taken WestCoast's Advanced Caregiver training? Or are you a caregiver looking for consultation, community, and further learning? Do you have questions about best practices to support a youth in your care? Join us!

For more information, email us at [csectraining@westcoastcc.org](mailto:csectraining@westcoastcc.org)

# Ongoing Trainings

# Reminder

Each year, each applicant is required to complete 8 hours of training  
EVERY 2 YEARS, RENEWAL OF CPR CERTIFICATION IS REQUIRED

## Possible Trainings to Complete via Foster Parent College:



### Cultural Issues in Parenting

Examines how parents can support children's cultural differences, including differences in customs, beliefs, sexual orientation, and gender identity, and why that is important to healthy growth and development. [Also available in Spanish]

Credit Hours: 4



### Understanding Behavior in Foster Children

Explores problematic behavior in foster children and how foster parents can better understand the purpose of a child's behavior through careful observation. [Also available in Spanish]

Credit Hours: 4



### Taking Things without Permission (Advanced Parenting Workshop)

This Advanced Parenting Workshop explores the common reasons for taking things. With the help of Dr. Rick Delaney and his teaching assistant, participants develop an action plan.

Credit Hours: 6



### Children Entering Care: Physical Health Issues

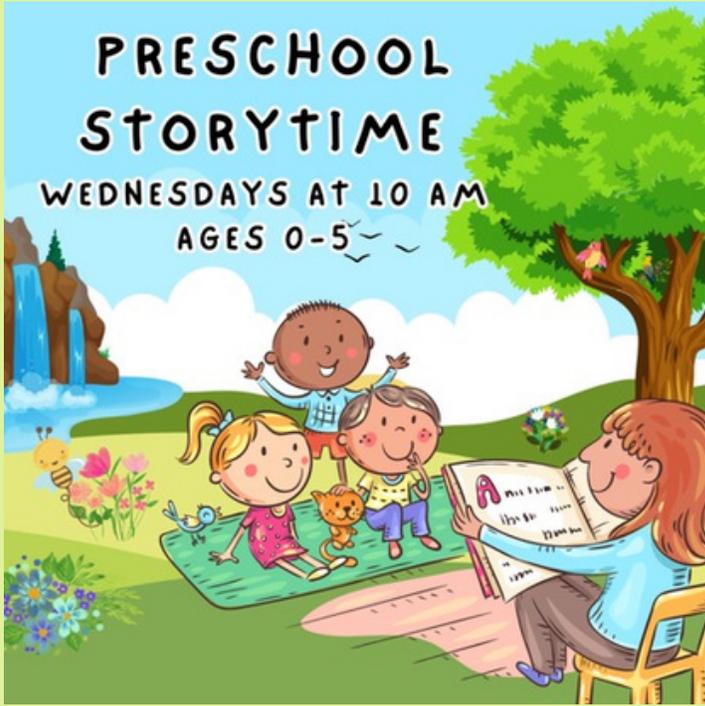
Explores common physical health issues for children entering care and how parents can collaborate with health care providers to support their children's medical needs. [Also available in Spanish]

Credit Hours: 2

# Resources for Youth

## ACTIVITIES AT SAN BENITO COUNTY

### LIBRARY



LIBRARY LOCATION 470

5TH STREET

HOLLISTER, CA 95023

831-636-4107

#### LIBRARY HOURS

SUNDAY: CLOSED

MONDAY: 10:00 AM TO 6:00 PM

TUESDAY: 10:00 AM TO 6:00 PM

WEDNESDAY: 10:00 AM TO 6:00 PM

THURSDAY: 10:00 AM TO 6:00 PM

FRIDAY: 10:00 AM TO 6:00 PM

SATURDAY: 12:00 PM TO 3:00 PM

SAN BENITO COUNTY FREE LIBRARY

### Bilingual StoryTime

SONGS & STORIES IN BOTH  
ENGLISH & SPANISH!  
ALL AGES AND CAREGIVERS ARE  
WELCOME!  
EVERY THURSDAY AT 5 PM.  
IN-PERSON AT THE LIBRARY!



FRIDAYS 4:00PM-5:00PM



# ROBLOX

## CLUB

THURSDAYS

2:00PM-3:30PM

# LEGO

## CLUB



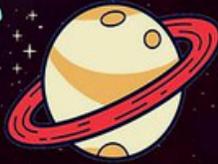
# RESOURCES FOR YOUTH AND FAMILIES

San Benito County First 5

FOR MORE INFORMATION CALL OR TEXT MARIA DIAZ RUIZ AT  
(831)634-2046 OR EMAIL MARIA@FIRST5SB.ORG

## Galactic Exploration Storytime

Virtual Storytime



### You are invited to:

Storytime in space! Together we will read, sing, and explore all space has to offer. Kids will also have the opportunity to design their own personal rocket ship!

### When and where?

You can choose the time and setting for your Storytime to take place! We will have a monthly story session for you to access using a link creating flexibility for everyone.

### How does virtual storytime work?

Our team will provide pre-made activities to go along with our weekly story theme. All you need to provide is a headcount of children served to ensure that everyone gets included in the fun!



## Talk, Read, Rawr - Critter Storytime

Virtual Storytime



### You are invited to:

Critter storytime where we will read, sing, dance, and explore our emotions. Kids will create their own personal "emotion monster," and we will discuss the importance of all emotions.

### When and where?

You can choose the time and setting for your Storytime to take place! We will have a monthly story session for you to access using a link creating flexibility for everyone.

### How does virtual storytime work?

Our team will provide pre-made activities to go along with our weekly story theme. All you need to provide is a headcount of children served to ensure that everyone gets included in the fun!



## Turtle Time Storytime

Virtual Storytime



### You are invited to:

A turtle-tastic storytime, where together we will read *Yertle the Turtle*, sing, and explore how each individual has the ability to make a difference. Kids will also have the opportunity to create their own unique turtle!

### When and where?

You can choose the time and setting for your Storytime to take place! We will have a monthly story session for you to access using a link creating flexibility for everyone.

### How does virtual storytime work?

Our team will provide pre-made activities to go along with our weekly story theme. All you need to provide is a headcount of children served to ensure that everyone gets included in the fun!



## Storytime by the Sea

Virtual Storytime



### You are invited to:

Storytime by the Sea! Together we will sing, read a book, talk about individuality, and create our own unique fish!

### When and where?

You can choose the time and setting for your storytime to take place! We will have a monthly story session for you to access using a link creating flexibility for everyone.

### How does virtual storytime work?

Our team will provide pre-made activities to go along with our weekly story theme. All you need to provide is a headcount of children served to ensure that everyone gets included in the fun!





# REFER A

# FRIEND



## RESOURCE FAMILY APPROVAL

THE RESOURCE FAMILY APPROVAL (RFA) PROGRAM IS A FAMILY-FRIENDLY AND CHILD-CENTERED CAREGIVER APPROVAL PROCESS THAT COMBINES ELEMENTS OF THE PREVIOUS FOSTER PARENT LICENSING, RELATIVE APPROVAL, AND APPROVALS FOR ADOPTION AND GUARDIANSHIP PROCESSES AND REPLACES THOSE PROCESSES. RESOURCE FAMILIES PROVIDE PLACEMENT FOR CHILDREN, YOUTH, AND YOUNG ADULTS (NON-MINOR DEPENDENTS FROM 18-21 YEARS OLD) WHO ARE UNDER THE JURISDICTION OF THE JUVENILE COURT, OR OTHERWISE IN THE CARE OF A COUNTY CHILD WELFARE AGENCY OR PROBATION DEPARTMENT. SAN BENITO COUNTY RESOURCE FAMILIES ARE GIVEN THE UNIQUE OPPORTUNITY TO SUPPORT THE CHILDREN AND FAMILIES IN OUR COMMUNITY. BY ALLOWING OUR CHILDREN TO STAY LOCALLY, EACH CHILD IS GIVEN THE OPPORTUNITY TO CONTINUE ATTENDING HIS OR HER SCHOOL, MAINTAIN SOCIAL AND FAMILIAL RELATIONSHIPS AND THRIVE IN FAMILIAR SURROUNDINGS AT A TIME WHEN HIS OR HER LIFE IS UNCERTAIN. THE RESOURCE FAMILY PLAYS A VITAL ROLE IN THE SUCCESS OF A CHILD.

OUR KIDS NEED YOU. WILL YOU JOIN OUR TEAM?

## RESOURCE FAMILY ROLE

THE ROLE OF A RESOURCE FAMILY IS TO DEMONSTRATE EXCELLENCE IN PARENTING IN A NURTURING, SUPPORTIVE ENVIRONMENT WHILE PREPARING THE FOSTER CHILD FOR REUNIFICATION WITH HIS OR HER BIRTH FAMILY. RESOURCE FAMILIES ARE PART OF A TEAM WHO SUPPORTS THE CHILD BY EMBRACING ALL MEMBERS OF THE CHILD'S LIFE, OFTEN PROVIDING SUPPORT TO THE CHILD'S BIOLOGICAL FAMILY, ACTING AS A LIFELONG CONNECTION TO PROMOTE A HEALTHY AND POSITIVE CHANGE. THIS ALLOWS THE RESOURCE FAMILY TO PROMOTE STABILITY AND PERMANENCE FOR THE CHILD THROUGHOUT HIS OR HER LIFE. WHEN REUNIFICATION WITH THE BIRTH FAMILY IS NOT POSSIBLE, THE RESOURCE FAMILY PREPARES THE CHILD FOR THE NEXT STEPS OF PERMANENCY, WHICH MAY INCLUDE ADOPTION.

## RFA APPLICATION

START YOUR ONLINE RFA APPLICATION BY CLICKING ON THE BINTI LINK BELOW. PLEASE CONTACT THE RFA UNIT, AT (831) 636-4382 OR [RFA@SANBENITOCOUNTYCA.GOV](mailto:RFA@SANBENITOCOUNTYCA.GOV) FOR MORE INFORMATION. HARD COPY APPLICATIONS AVAILABLE UPON REQUEST.

LEARN MORE ABOUT RFA:

*Linked here*