



## Community Health Needs Assessment

### Meeting Notes

San Benito County Public Health Conference Room/ ZOOM

Wednesday, March 7<sup>th</sup>, 2023 at 3:00PM

Community Health Staff Present: Janet Gonzalez, Janel Obenchain, Lundi Barroso-Osorio

Potential Coalition Members Present:

Javier Perez	San Benito Public Health	Amy Bravo	Youth Recovery Connections
Adriana Garcia	Opioid Task Force	Amy Breen-Lema	Hazel Hawkins Hospital
Jennifer Frusetta	San Benito Oral Health	Nic Calvin	San Benito Public Health
Mallory Schmitt	San Benito Public Health	Erika Perez	San Benito Public Health
Ofelia Prieto	SB Public Health/ Safe Kids Coalition	Monica Abonce	San Benito County Integrated Waste Management
Kalil Macklin	Anthem Blue Cross	Donald Reynolds	San Juan Bautista Gov't
Regina Valentine	Council of Governments	Maria (Trini) Vaca	San Benito Public Health
Brianna Tome	Youth Recovery Connections	Audry Kodama	San Benito Public Health
Veronica Ochoa	Youth Alliance		

- **Discussions:**

- Building the coalition team and partnerships.
- Community/county residences most at risk:
  - People with disabilities- Regina (Public Transportation)
  - The Youth vaping becoming more alarming at a younger age (middle school grade age). -Javier (Public Health-Tobacco)
- Major health concerns for the Community/county residences you are servicing:
  - Lack of access to medical care -Regina (Public Transportation)
  - Transportation and health care access as well as issues with follow-up treatment. (Mallory- Epidemiologist)
- What are some of the needs for the community/county residences that are not being addressed (in your scope of work):
  - Access to medical care, having to provide treatment/access for patients out of town due to lack of medical resources in the community. -Regina (Public Transportation).
- Dot Voting (Social Determinants of Health)
  - Economic Stability
    - Civic Participation (1 Vote)
    - Food Insecurity (2 Votes)
    - Housing Instability (1 Vote)

- Inclusive Economic Development (1 Vote)
- Education Access & Quality
  - Early Childhood Development (1 Vote)
  - Enrollment in Higher Education (1 Vote)
  - High School Graduation (1 Vote)
  - Language and Literacy (2 Votes)
- Health Care Access & Quality
  - Access to Health Services (4 Votes)
  - Access to Primary Care (3 Votes)
  - Health Literacy
- Neighborhood & Build Environment
  - Access to Foods Supporting Health Dietary Patterns (1 Vote)
  - Discrimination (1 Vote)
  - Crime and Violence (1 Vote)
  - Quality of House (2 Votes)
- Social & Community Context
  - Local employment (5 Votes)
  - Incarceration
  - Environmental Conditions (3 Votes)
  - Social Cohesion (1 Vote)
- Discussions from Dot Voting
  - Housing Instability v. Housing Quality
    - Housing Instability: encompasses several challenges, such as having trouble paying rent, overcrowding, moving frequently, or spending the bulk of household income on housing.
    - Housing Quality: refers to the physical condition of a person's home as well as the quality of the social and physical environment in which the home is located.
  - Environmental Conditions
    - Sidewalks and Pedestrians > Can be seen as an issue in commercial areas along highway 25, next to the new businesses.
  - Access to Dental Services
    - Health Care shortage (In dental)
    - Medi-cal Patients may have to seek medical attention out of county due to the lack of dental services.
    - People with disabilities or having a child with disabilities.
  - Social Cohesion
    - How well an area or group with come together to solve a problem.
    - Commuters may not be as engaged since most want to spend their weekends resting.
  - Childhood Obesity (Early childhood development and access to health services)
    - Funding being cut from P.E teachers.
    - More afterschool programs.

- Sports programs are offered but families may be not able to afford them.
  - More educational programs about why it is important to exercise.
  - More programs to help children get involved with sports/exercise.
  - Children that come from commuting families miss out on the after-school programs, sports, and other exercise activities.
- Access to healthy food/Food insecurity
  - San Benito County has lots of grocery stores with lots of healthy foods and produce.
  - CalFresh Healthy living has observed that over 50% of San Benito County restaurants are fast food.
  - Families commuting out of town may settle for fast food at the end of day due to being tired.
  - People that use public transportation have a disadvantage because they can only buy what they can carry. Limits them.
- **Projects:**
  - **Community Health Needs Assessment**
  - **Community Health Improvement Plan**
- **Dates:**
  - March 20<sup>th</sup> coalition members will know what sectors they fall under.
  - April 5<sup>th</sup> follow-up Community Health Needs Assessment