AGING & DISABILITY RESOURCE DIRECTORY

San Benito County

2024





Published By

Aging & Disability Resource Connection (ADRC)

440 San Benito Street (Epicenter), Hollister, CA 95023

Toll-Free: (888) 637-6757

Email: info@SanBenitoADRC.org Website: www.SanBenitoADRC.org

A Program of Area Agency on Aging Seniors Council of Santa Cruz & San Benito Counties

234 Santa Cruz Ave, Aptos, CA 95003

Main: (831) 688-0400

Website: www.seniorscouncil.org

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Partnerships:

















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A Note to Our Readers

San Benito County's new Aging & Disability Resource Connection (ADRC) is both a service hub and a network of committed community organizations assisting older adults, individuals living with disability, and caregivers. We identify personal and community resources, provide service enrollment assistance, aid in navigating complex public benefit systems, and access information on dozens of non-profit community-based service partners. ADRCs act as a "No Wrong Door" system, enabling people of all ages, incomes, and abilities to connect with our partnering organizations and access a wide array of Long-Term Services and Support options. Together, we are tasked with meeting real needs and making real differences in the lives of fellow residents whom we are privileged to serve and learn from. We hope you will call toll-free 888-637-6757, email info@sanbenitoADRC.org, or visit our website at www.SanBenitoADRC.org.

We have prioritized local non-profit agencies within this Directory whenever available. This resource was prepared by the Area Agency on Aging (AAA)/Seniors Council of Santa Cruz and San Benito Counties, a non-profit senior community resource agency that facilitates Project SCOUT, Aging & Disability Resource Connection (ADRC)/No Wrong Door, Foster Grandparent/Senior Companion Program, and the Falls Prevention Program.

Note that a listing does not constitute a recommendation of an agency or its service(s) and Seniors Council shall not be held liable for any damages or injury caused therein. Due to the changing nature of the information, reproduction is limited to Seniors Council. This guide was funded by the California Department of Aging and crafted by the Aging & Disability Resource Connection (ADRC) of San Benito County.

Please email us info@sanbenitoADRC.org with any content modifications so we can continue to improve these listings for regular reprintings. We maintain an updated online bilingual downloadable PDF version of this Directory at www.SanBenitoADRC.org.

Thank you! We hope you find this resource useful.

Leanne Oliveira, ADRC Program Coordinator Area Agency on Aging/Seniors Council of San Benito County

Britt Bassoni, Director of Special Projects Area Agency on Aging/Seniors Council of San Benito and Santa Cruz County



911 - Emergency

24-HR EMERGENCY VETERINARIANS

Listings within 1-hour radius of San Benito County. Note that the Red Cross offers classes on Pet First Aid! Visit www.redcross.org.

MedVet Silicon Valley, San Jose	(408) 649-7070
Monterey Peninsula Vet, Monterey	(831) 373-7374
Pacific & Santa Cruz Vet Specialists, Santa Cruz	(831) 475-5400
Blue Pearl (formerly Pet Specialists of Monterey), Del Rey Oaks	(831) 899-4838

CAL ALERT SYSTEM

Sign up to receive alerts (text, e-mail, voicemail) about emergency situations.

www.calalerts.org/signup.html

CATHOLIC CHARITIES DIOCESE OF MONTEREY

Immediate assistance for people facing rent and eviction situations, utility shutoff if funding available, CalFresh and Medi-Cal enrollment. Core services include Immigration and Citizenship, Family Supportive Services, Disaster Relief, and Tattoo Removal Program.

440 San Benito Street (Epicenter), Hollister, CA 95023 (831) 975-2596 x 207 catholiccharitiesdom.org

COVID-19 EMERGENCY RESOURCES

If you feel sick and are concerned about COVID-19, please call your doctor or other healthcare provider **before** arriving at the office. Please reserve Emergency Rooms visits for accidents, severe symptoms, and other lifethreatening emergencies. Visit the San Benito County Health & Human Services Agency for press releases, vaccine information, testing sites, and a dashboard containing updated statistics at hhsa.cosb.us/publichealth/covid-19 or call their COVID-19 Public Health Hotline: (831) 636-4113. Further resources include the Center for Disease Control (www.cdc.gov) and CA Dept of Public Health (cdph.ca.gov).

CRISIS LINES

Automated bilingual assistance for various crisis.

Adult Protective Services (SBC HHSA)	(866) 580-4357
Domestic Violence Crisis Line (SBC HHSA)	(877) 363-7238
Family Service Agency of the Central Coast (includes SBC)	(877) 663-5433
Mental Health Crisis Intervention (SBC Behavioral Health)	(888) 636-4020
Monarch Crisis Line (SBC Behavioral Health)	(888) 900-4232
National Suicide Prevention Lifeline	(800) 273-8255
SAMHSA Disaster Distress Helpline	(800) 985-5990

Substance Abuse & Mental Health Services Administration of the US Dept of Health & Human Services.



SBC Office of Emergency Services/Emergency Medical Services	(831) 636-4168
United for San Benito for essential community services / 211	(800) 677-1116

FIRE DEPARTMENTS

CAL-Fire San Benito-Monterey-Aromas Unit	(831) 726-3130
Hollister Fire Department	(831) 636-4325
San Benito County (CA Dept of Forestry)	(831) 637-4474
San Juan Bautista Fire Department	(831) 623-4513

HOSPITALS

Community Hospital of the Monterey Penir	isula www.chomp.org	(831) 624-5311
Dominican Hospital	www.dignityhealth.org	(831) 462-7700
Hazel Hawkins Memorial Hospital	www.hazelhawkins.com	(831) 637-5711
Natividad Medical Center	www.natividad.com	(831) 755-4111
St. Louise Regional Hospital	www.slrh.sccgov.org	(408) 848-2000
Salinas Valley Memorial Hospital	www.svmh.com	(831) 757-4333
Sutter Health: Watsonville	www.sutterhealth.org	(831) 462-7110
Watsonville Community Hospital	www.watsonvillehospital.com	(831) 724-4741

PHARMACIES

Amazon	Local Pickup Lockers Available	pharmacy.amazon.com	(855) 745-5725
CVS	1790 Airline Hwy, Hollister, CA 9502	3 www.cvs.com	(831) 638-4824
Raley's	1700 Airline Hwy, Hollister, CA 9502	3 www.raleys.com	(831) 637-7423
Rite Aid	1701 Airline Hwy, Hollister, CA 9502	3 www.riteaid.com	(831) 636-1692
Safeway	591 Tres Piños Rd, Hollister, CA 9502	3 www.safeway.com	(831) 638-3247
Walgreens	600 Tres Piños Rd, Hollister, CA 9502	3 www.walgreens.com	(831) 638-1024

UNITED FOR SAN BENITO

For essential community services. Formerly United Way of San Benito County.

440 San Benito Street (Epicenter), Hollister, CA 95023	(831) 245-0051 or 211
www.unitedforsanbenito.org	vicki@unitedforsanbenito.org





Emergency Preparedness Checklist

From American Red Cross: Disaster Preparedness for Seniors by Seniors

www.redcross.org/get-help/how-to-prepare-for-emergencies/older-adults.html

BASIC EMERGENCY NEEDS AND SUPPLIES

- ✓ Emergency blanket
- ✓ Map(s) of the local area
- ✓ Manual can opener
- ✓ Water 1 gallon per person, per day (3-day supply for evacuation & 2-week supply for home)
- ✓ Food Include foods that do not need cooking (3-day supply for evacuation & 2-week supply for home)
- ✓ Flashlight with extra batteries and bulbs (do not use candles)
- ✓ Battery-operated or hand-crank radio
- ✓ Medications (7-day supply) and medical items
- ✓ Multi-purpose tool (several tools that fold up into a pocket-sized unit)
- ✓ Sanitation and personal hygiene items (toilet paper, plastic garbage bags)
- ✓ Copies of personal documents (medication list and pertinent medical information, deed/lease to home, birth certificates, insurance policies)
- ✓ Cell phone with an extra battery and charger(s)
- ✓ Family and friends' emergency contact information
- ✓ Cash and coins (ATMs may not be accessible)
- ✓ Whistle (to attract the attention of emergency personnel)
- ✓ Pet supplies (including food and vaccination records)
- ✓ Extra set of keys (car, house, etc.)
- ✓ Pack of cards to provide entertainment and pass the time.

COLD CLIMATE EMERGENCY SUPPLIES

It is possible that you will not have heat during or after a disaster. Think about your clothing and bedding needs. Be sure to include one set of the following for each person:

- ✓ Jacket or coat
- ✓ Long pants and long-sleeve shirt
- ✓ Sturdy shoes

✓ Hat, mittens and scarf

✓ One change of clothing

✓ First aid kit and manual

✓ Sleeping bag or warm blanket

SUPPLIES FOR YOUR VEHICLE

- ✓ Bottled water
- ✓ Maps
- ✓ First aid kit and manual
- ✓ Flashlight with extra batteries and extra bulbs
- ✓ Non-perishable foods such as granola bars
- ✓ Winter: Blanket, hat, mittens, shovel, sand, tire chains, windshield scraper, distress flag
- ✓ Summer: Sunscreen lotion SPF 15 or higher, shade item (umbrella, wide-brimmed hat, etc.)
- ✓ Tire repair kit
- ✓ Jumper cables
- ✓ Flares



Caregiver Services

ADVOCACY, INC.

The Long-Term Care Ombudsman and the Mental Health Patient's Rights Advocate Programs is now being managed by Senior Network Services as of Summer 2024. The program offers information and guidance on selecting a nursing home, residential care or board & care facility, and more.

1777-A Capitola Rd, Santa Cruz, CA 95062 www.advocacy-inc.org

San Benito County Line: (831) 636-1638 geoffreyl@seniornetworkservices.org

ALZHEIMER'S ASSOCIATION OF NORTHERN CALIFORNIA AND NORTHERN NEVADA

Offers information and referrals, care consultations, support groups, education, and more for people living with Alzheimer's disease or other dementia and their families and caregivers.

2 Lower Ragsdale Dr #150, Monterey, CA 93940

(831) 647-9890

www.alz.org/norcal

(800) 272-3900 24-HR Helpline

BONITA SPRINGS

Offers comprehensive services including home health, hospice, palliative, in-home care, and more.

www.bonitaspringscare.com

(831) 313-0341

CARING.COM

Caring.com is a leading senior living referral service and the nation's top site for senior care reviews. Founded in 2007, and serving millions of website visitors today, Caring applies cutting-edge technology to a humane mission, providing relevant senior care information and support, as well as comprehensive senior living and senior care directories for the United States They have been featured by AARP and Forbes.

www.caring.com

CENTRAL COAST CENTER FOR INDEPENDENT LIVING (CCCIL)

Serving people with disabilities. Information and referral, advocacy, benefits counseling, housing assistance, peer support, personal assistance services, independent living skills training. Traumatic brain injury program. English, Spanish, & ASL. Appointment required.

Local: c/o EDD 1111 San Felipe Road #107, Hollister, CA 95023 (831) 757-2968 x 25

Main: 318 Cayuga Street, Ste. 208 Salinas, CA 93901

(831) 757-2968

www.cccil.org

CENTRAL COAST VISITING NURSE ASSOCIATION (VNA) & HOSPICE

A local charitable organization providing skilled home health care and community services to the local residents of Monterey, Salinas, King City, and Hollister.



5 Lower Ragsdale Dr, Monterey, CA 93940

(831) 372-6668

www.ccvna.com/hollister-hospice-care-palliative-care-need-know

DEL MAR CAREGIVER RESOURCE CENTER (CRC) – HEALTH PROJECTS CENTER

Provides services to caregivers of adults with cognitive disorders. Offers enhanced care management (new!), care planning, respite care, emotional support, legal and financial consultation, information and referral, educational workshops, and training. Serving San Benito, Monterey, and Santa Cruz Counties.

440 San Benito St (Epicenter), Hollister, CA 95023

(800) 624-8304 Toll-Free

www.delmarcaregiver.org

(831) 975-5841 Direct

ELDERCARE LOCATOR

A public service of the U.S. Administration on Aging that offers caregiver background checks.

www.eldercare.acl.gov

FAMILY CAREGIVER SUPPORT - JOVENES DE ANTAÑO (YOUTH OF YESTERYEAR)

Dedicated to improving the welfare of older adults and people with disabilities (of all incomes and ethnicities!) in San Benito County. Offering classes, meals, transportation, and more.

300 West St, Hollister, CA 95023

(831) 637-9275

www.jdaseniors.org

PBS CAREGIVER SUPPORT REFERENCE LIST

A Caregiver Resource list compiled by WGBH (now GBH) and hosted by PBS.

www.pbs.org/wgbh/caringforyourparents/handbook/caringcaregiver

SOCIAL VOCATIONAL SERVICES

Offering a wide range of quality, individualized programs for adults with Developmental/Intellectual disabilities including Community Inclusion, Career Exploration, Supported Employment, Supported/ Independent Living, Residential, Alternative, and Transportation Services.

581 McCray St #B-1, Hollister, CA 95023

(831) 638-2117

www.socialvocationalservices.org

Community & Cultural Centers

AROMAS GRANGE

The Grange and its partners provide many opportunities for learning how to live happier, healthier lives.

400 Rose Ave, Aromas, CA 95004

www.aromasgrange.org

(831) 319-4882

ESPERANZA CENTER (SAN BENITO COUNTY BEHAVIORAL HEALTH)

Open to all ages who are receiving services from SBCBH. Daily programming and services are free of charge.

544 San Benito Street #202, Hollister, CA 95023

(831) 636-4020 x 309

www.cosb.us/departments/behavioral-health/esperanza-center

HOLLISTER PARKS & RECREATION/PAULINE VALDIVIA MEMORIAL COMMUNITY CENTER

Shared site of Parks & Recreation (classes, sports, computer lab, facility rentals, outdoor events) & Jovenes de Antaño (offering exercise classes, congregate meals, transportation, Meals on Wheels, and more).

300 West St, Hollister, CA 95023

Hollister Parks & Recreation www.Hollister.CA.gov (831) 636-4390 Jovenes de Antaño www.jdaseniors.org (831) 637-9275

JAPANESE AMERICAN CITIZENS LEAGUE (JACL) HALL

Annual hosts of cultural events including Japanese Bingo.

708 First Street, San Juan Bautista, CA 95045 SF Office: (415) 921-5225

MARY VELSACO SELLEN SENIOR CENTER

Offering congregate meals with guest speakers midday Wednesdays with free exercise classes prior. The organization also hosts computer classes and technology workshops out of its office in Windmill Plaza.

Luncheon: 600 First St, San Juan Bautista, CA 95045 (831) 262-3484

Offices & Tech-Workshop Center: 301 The Alameda #B5, SJB, CA 95045

www.mvsseniorcenter.com

NATIVE DAUGHTERS ADOBE

Hosts of exercise classes, pedro gaming, and more. Provides scholarships and donates to local charities.

203 4th Street, San Juan Bautista CA 95045 (831) 637-4044

www.ndgw.org/179.htm

S.D.E.S. PORTUGUESE LODGE

Many seasonal events including cioppinos and an annual parade featuring dancing, auctions, and free meals. No longer offering rentals.



695 7th St, Hollister, CA 95023 www.facebook.com/sdesportuguesehall.hollister

(831) 637-2827

SAN JUAN BAUTISTA COMMUNITY CENTER

Ideal for weddings and social events, the building is a 4 min walk from picturesque Mission San Juan Bautista. Call to check dates for availability. Rental forms on website.

10 San Jose St, San Juan Bautista, CA 95045

(831) 623-4661

www.san-juan-bautista.ca.us/community/city hall/community hall/index.php

ST. FRANCIS RETREAT CENTER

Modern conference facilities, meeting areas, chef cuisine buffet style & lodging accommodations in a tranquil setting appeal to groups or individuals seeking an environment for study & personal reflection.

549 Mission Vineyard Road, San Juan Bautista, CA 95045

(831) 623-4234

www.stfrancisretreat.com

VETERANS MEMORIAL BUILDING

The building can hold up to 1,000 people, so it is ideal for weddings, corporate events, and parties.

649 San Benito Street, Hollister, CA 95023

(831) 637-7011

www.hollister.ca.gov/business detail T11 R18.php

hollistervetsbuilding@gmail.com

VFW HALL (POST 6359) - SAN JUAN BAUTISTA

Hosts of annual events (including Flea Markets) and available to rent for special occasions.

58 Monterey St, San Juan Bautista, CA www.vfw6359.org

(831) 623-4320

Councils & Commissions

AGING & LONG TERM CARE COMMISSION (ALTCC) OF SAN BENITO COUNTY

Advises local, state, and federal government agencies on changes needed to improve the operation and efficiency of the local Long-Term Care and Adult Day Care systems. Now recruiting!

Philip M Geiger, ALTCC Chair pmgeiger@alz.org

(831) 238-2491

AREA AGENCY ON AGING ADVISORY COUNCIL

Designated by the state to advocate for and identify the needs of seniors. Implements the Older Americans Act by distributing federal and state funds to local senior service providers.

234 Santa Cruz Ave, Aptos, CA 95003

(831) 688-0400

www.seniorscouncil.org

COMMUNITY ACTION BOARD FOR SAN BENITO COUNTY

Advisory Board to Community Services & Workforce Development (CSWD). Through community input, they assess local needs and apply for various grants to provide services to low-income residents.

1161 San Felipe Rd #B, Hollister, CA 95023

(831) 637-9293

www.sbccab.com

HOLLISTER CITY COUNCIL

Meetings are held at 6:30 p.m. on the first and third Monday of each month. Agendas, minutes, and video for meetings are available online at City of Hollister Meeting Portal.

375 Fifth Street, Hollister, CA 95023

(831) 636-4300

Meeting Portal: hollisterca.iqm2.com/Citizens

Main: hollister.ca.gov/government/city-council

SAN BENITO COUNTY BOARD OF SUPERVISORS

Directs general operations of the various County departments and districts by establishing policies and approving funding. Meetings are held Tuesdays 9:00 AM - 5 PM.

481 4th St, 1st Floor, Hollister, CA 95023

(831) 636-4000

www.cosb.us/government/county-of-san-benito-board-of-supervisors-bos

SAN JUAN BAUTISTA CITY COUNCIL

The City Council meets the third Tuesday of each month in Council Chambers at City Hall at 6:00 p.m.



311 2nd Street / POB 1420, San Juan Bautista, CA 95045 (831) 623-4661 www.san-juan-bautista.ca.us/government/city_council.php

SOCIAL SERVICE TRANSPORTATION ADVISORY COUNCIL (SSTAC)

Advises the Council of Governments and the Local Transportation Authority on matters related to transportation accessibility for elderly, disabled, and low-income.

www.sanbenitocog.org/sstac-committee

Counseling & Mental Health Services

ADULT PROTECTIVE SERVICES OF SAN BENITO COUNTY

Provides services on behalf of elderly and dependent adults unable to protect themselves from abuse, neglect or financial exploitation and also assists those unable to meet their own needs.

1111 San Felipe Rd #205, Hollister, CA 95023

(831) 636-4190

hhsa.cosb.us/children-and-adult-services/report-adult-abuse

AL-ANON FAMILY GROUPS

Support groups for relatives and friends of alcoholics. Call for meeting places and times. Serving San Benito County and the Monterey Peninsula.

Meeting List: www.al-anon.org/al-anon-meetings

(831) 462-1818

www.district23alanon.org

ALCOHOLICS ANONYMOUS (AA) - SALINAS VALLEY AREA INTERGROUP

A fellowship of people helping those directly struggling with alcoholism. Offers a 24-hour hotline and various meeting locations (including male, female, and unisex options) in Hollister.

Salinas AA Central Office for Alcoholics Anonymous

www.aasalinas.org

(831) 424-9874 Hotline

ALZHEIMER'S ASSOCIATION OF NORTHERN CALIFORNIA AND NORTHERN NEVADA

Offers information and referrals, care consultations, support groups, education, and more for people living with Alzheimer's disease or other dementia and their families and caregivers.

2 Lower Ragsdale Dr #150, Monterey, CA 93940

(831) 647-9890

www.alz.org/norcal

(800) 272-3900 24-HR Helpline

FAMILY SERVICE AGENCY OF THE CENTRAL COAST

Counseling for individuals, couples and families in San Benito, Santa Cruz, and Monterey Counties. Adjusted fee scale. Medicare and Medi-Cal.



I-You Venture	(831) 459-8917
Senior Outreach Program	(831) 728-9009
Toll-Free Suicide Prevention Crisis Line	(877) 663-5433
Survivors Healing Center	(831) 423-7601
WomenCARE	(831) 457-2273
Main: 104 Walnut Ave #208, Santa Cruz, CA 95060	(831) 423-9444
www.fsa-cc.org	

MONARCH SERVICES

Monarch Services offers immediate bilingual crisis response to victims of domestic violence and sexual assault through their shelter and 24-hour crisis line.

Administration (831) 425-4030 Crisis Line - SBC Behavioral Health (888) 900-4232

www.monarchscc.org

NAR-ANON FAMILY GROUPS OF CENTRAL CALIFORNIA REGION

For relatives and friends who are concerned about the addiction or drug problem of another. Offers local San Benito County meeting locations.

www.naranoncentralca.org

naranoncentralca@gmail.com

SAN BENITO COUNTY BEHAVIORAL HEALTH

1131 San Felipe Rd, Hollister, CA 95023 www.cosb.us/departments/behavioral-health (831) 636-4020

SUBSTANCE ABUSE & MENTAL HEALTH SERVICES ADMINISTRATION

This agency has developed a first-of-its-kind online guide for people dealing with emotional or other health problems associated with economic hard times. The website, Getting Through Economic Times, provides practical advice on identifying health concerns, developing coping skills, and finding help.

www.samhsa.gov

Day Centers

Day services are available at community centers which provide a safe, supportive environment for adults who are in need of supervision but wish to remain living at home. Day services include programs which meet health needs as well as cognitive, emotional and social needs. Day services also provide respite for caregivers who would otherwise care 24-hours a day.

ELDERDAY ADULT DAY HEALTH CARE / COMMUNITY BRIDGES

Live at home and spend the day with Elderday for care of your complex health needs - transportation, healthcare, lunch, planned fun daily activities. Transportation provided to SBC residents in Aromas.

519 Main Street, Watsonville, CA 95076 www.CommunityBridges.org

(831) 688-8840

LA CASA ADULT DAY HEALTH CENTER, INC

Offers wellness and leisure services and activities. Assists those with impairments to maintain or restore their capabilities to their optimal functional potential. Open to San Benito County residents.

909 Blanco Circle Suite B, Salinas, Ca 93901

(831) 998-8130

www.lacasacenter.com

maria@lacasacenter.com

LIVE OAK ADULT DAY CENTER

Community-based NPO providing a specialized program of adult day care for frail elderly dependent adults. San Benito County residents welcome.

651 W. Sixth Street #2 Gilroy, CA 95020

(408) 847-5491

www.liveoakadultdaycare.org

SOCIAL VOCATIONAL SERVICES

Offers programs for adults with intellectual/developmental disabilities including community inclusion, career exploration, supported employment, assisted/independent living, and transportation services.

Day Center: 340 Sixth Street, Hollister, CA 95023

(831) 638-0103

Admin: 581 McCray Street #B-1, Hollister, CA 95023

(831) 638-2117

www.socialvocationalservices.org

Dental Care

Within 1 hour radius of San Benito County.

DENTI-CAL

To request referral to a Medi-Cal dentist.

www.dental.dhcs.ca.gov

(800) 322-6384

DENTISTRY 4 VETS

Non-Profit charity that provides dental care to military veterans along the Central Coast including San Benito County.

2930 2nd Ave #140 (Montage Wellness Ctr) Marina, CA 93933 (831) 883-9371 www.dentistry4vets.org

GARDNER SOUTH COUNTY HEALTH CENTER / CENTRO DE SALUD DEL CONDADO DE GARDNER SUR

Offers various non-profit clinics providing health services and is a WIC satellite service location on the first Tuesdays. For special needs patients, they offer friendly gentle care in a calm setting to ease anxiety.

7526 Monterey Street Gilroy, CA 95020

(408) 457-7101

www.gardnerhealthservices.org/health-centers/gardner-south-county-health-center

SALUD PARA LA GENTE

Nonprofit healthcare organization with multiple clinics available for western San Benito County residents.

204 E Beach St Watsonville, CA 95076

(831) 728-0222

www.splg.org

SAN BENITO HEALTH FOUNDATION

Provides general care (including dental) in San Benito County. Sliding fee scale with proof of income, bilingual staff, Medi-Cal accepted.

351 Felice Dr, Hollister, CA 95023

(831) 637-5306

www.sanbenitohealth.org



Education

AARP SMART DRIVER PROGRAM

Certificate for deduction on auto insurance available upon completion of class. Classes offered on monthly basis. Not limited to AARP members.

www.aarp.org/auto/driver-safety

(831) 247-3097

DEAF & HARD OF HEARING SERVICE CENTER

DHHSC advocates, seeks equality, and promotes self-determination through empowerment while enhancing awareness and understanding of Deaf Culture and the unique needs of Deaf and Hard of Hearing individuals. Salinas office also serves SBC residents and provides an LGBTQ safe space.

Local: 1188 Padre Drive, Suite 115, Salinas, CA 93901

(831) 240-4020

www.DHHSC.org

DEAF & HARD OF HEARING STUDENT ONLINE COLLEGE GUIDE

Assists deaf and hard of hearing students learn about online accommodations colleges offer to comply with the American Disabilities Act, popular listening devices and applications, and scholarships. Also provides a list of the 5 best colleges for students with hearing disabilities as well as additional helpful resources.

www.intelligent.com/deaf-and-hard-of-hearing-student-online-college-guide

DISABILITY.GOV

Federal government website for comprehensive information on disability programs and services across the country. The site links to more than 14,000 resources from government agencies, academic institutions, and NPO including everything from Social Security benefits to employment to affordable and accessible housing.

www.disability.gov

DMV SAFE DRIVER INFORMATION

Helping senior drivers maintain their driving independence.

Automated 24/7 (800) 777-0133

Senior Guide for Safe Driving PDF:

www.dmv.ca.gov/portal/file/senior-guide-for-safe-driving-dl-625-pdf

GAVILAN COMMUNITY COLLEGE

Community Education (408) 465-9369 Main: 5055 Santa Teresa Blvd, Gilroy, CA 95020 (408) 848-4800

www.gavilan.edu



HOPE SERVICES

Improves the quality of life for people with developmental disabilities and mental health needs. Offers paid work, job development and coaching, placement, classes, volunteer work, & personal enrichment activities. Clients enrolled in the Hope program are dually registered Gavilan College students.

650 San Benito St #120, Hollister, CA 95023

(831) 638-6852

www.hopeservices.org

LIBRARIES / BIBLIOTECAS

Offering free wi-fi (inside and parking lot), multimedia, plus various workshops and classes.

AROMAS LIBRARY www.co.monterey.ca.us/government/departments-i-z/library/locations/aromas-branch

389D Blohm Ave # D, Aromas, CA 95004 (831) 796-6128 LUCK LIBRARY (SAN JUAN BAUTISTA CITY LIBRARY) www.san-juan-

bautista.ca.us/community/library.php

801 2nd St, San Juan Bautista, CA 95045 (831) 623-4687 SAN BENITO COUNTY FREE LIBRARY www.SBCFL.org 470 Fifth Street, Hollister, CA 95023 (831) 636-4107

OSHER LIFELONG LEARNING INSTITUTE

Over 600 members, mostly between 55 and 85, pursuing social, cultural and educational activities. More than 60 peer interest groups, two monthly lecture series, and short courses taught by emeriti faculty. Formerly "Lifelong Learners". Open to San Benito County residents. Locations include CSUMB and UCSC.

8 Upper Ragsdale Dr, Monterey, CA 93940 olli.csumb.edu (831) 582-5500 1156 High Street, Santa Cruz, CA 95064 olli.ucsc.edu (831) 459-2552

RED CROSS

San Benito County is serviced by the Central Coast chapter of the Red Cross. Classes teaching first aid to pets is also available online.

455 San Benito St, Ste 30, Hollister, CA 95023 (831) 636-2100 www.redcross.org

Elected Officials

Elected officials in office as of press time. For local updated details, contact the San Benito County Registrar of Voters at (831) 636-4016 or visit www.SBCvote.us.

ANA CABALLERO - SENATOR, US SENATE

132 W Gabilan Street #101 Salinas, CA 93901 (831) 769-8040

sd14.senate.ca.gov

GAVIN NEWSOM - GOVERNOR, STATE OF CALIFORNIA

1303 10th Street #1173, Sacramento, CA 95814 (916) 445-2841

www.gov.ca.gov

LESLIE JORDAN - MAYOR, CITY OF SAN JUAN BAUTISTA

311 2nd St / POB 1420, San Juan Bautista, CA 95045 (831) 623-4661

www.san-juan-bautista.ca.us/government/mayor.php

MIA CASEY - MAYOR, CITY OF HOLLISTER

375 5th St, Hollister, CA 95023 (831) 537-7271

www.hollister.ca.gov/government/city-council

ROBERT RIVAS - SPEAKER OF THE ASSEMBLY, DISTRICT 29

Local: Andres Rodriguez (Field Representative) (831) 759-8676

Veteran's Memorial Building, 649 San Benito St, Second Floor, Hollister, CA 95023

District: 60 West Market St, Suite 110, Salinas, CA 93901 (831) 759-8676

Capitol: State Capitol, PO Box 942849, Sacramento, CA 94249 (916) 319-2029

speaker.asmdc.org

SAN BENITO COUNTY BOARD OF SUPERVISORS

481 4th St, 1st Floor, Hollister, CA 95023 (831) 636-4000

www.cosb.us/government/county-of-san-benito-board-of-supervisors-bos

District 1 Supervisor: Dom Zanger supervisorzanger@sanbenitocountyca.gov District 2 Supervisor: Kollin Kosmicki supervisorkosmicki@sanbenitocountyca.gov District 3 Supervisor: Mindy Sotelo supervisorsotelo@sanbenitocountyca.gov District 4 Supervisor: Angela Curro supervisorcurro@sanbenitocountyca.gov District 5 Supervisor: Bea Gonzales supervisorgonzales@sanbenitocountyca.gov

ZOE LOFGREN - DISTRICT 18, US HOUSE OF REPRESENTATIVES

142 West Alisal Street #E116, Salinas, CA 93901 (831) 837-6000

lofgren.house.gov

Employment

AMERICORPS / FOSTER GRANDPARENT / SENIOR COMPANION PROGRAM - SENIORS COUNCIL

A Seniors Council program that pays non-taxable hourly stipends & travel reimbursement to low-income seniors for providing one-on-one assistance with children, youth or the frail elderly.

Local: c/o ADRC, 440 San Benito Street, Hollister, CA 95023 (888) 637-6757

234 Santa Cruz Avenue, Aptos, CA 95003 (800) 945-0099 x 112

www.seniorscouncil.org/foster-grandparents-program-fgp programspecialist@seniorscouncil.org

AMERICA'S JOB CENTER - WORKFORCE DEVELOPMENT BOARD - SBC HHSA

Employment services are offered free of charge and include information about job openings and filing for unemployment benefits, workshops, resume information, and assistance.

1111 San Felipe Rd #107, Hollister, CA 95023 (831) 637-JOBS (5627)

www.sbcjobs.org ajccsbc@cosb.us

CALIFORNIA STATE DEPARTMENT OF VOCATIONAL REHABILITATION

Evaluation, retraining and job placement assistance for persons with vocational handicaps. San Benito County residents are directed to the Gilroy location.

8060 Santa Teresa Blvd. Ste. 200 Gilroy, CA 95020 (408) 848-1345

www.dor.ca.gov

DEAF & HARD OF HEARING SERVICE CENTER

Offers job development and placement services through a contract with the Department of Social Services – Office of Deaf Access. Salinas office also serves SBC residents and provides an LGBTQ safe space.

Local: 1188 Padre Drive, Suite 115, Salinas, CA 93901 (831) 240-4020

www.DHHSC.org

EMPLOYMENT DEVELOPMENT DEPARTMENT

Local: 1111 San Felipe Road, Suite 107, Hollister, CA 95023 (831) 637-JOBS General Inquiries: POB 826880 MIC 83, Sacramento, CA 94280 (800) 300-5616

www.edd.ca.gov

LASER TATTOO REMOVAL PROGRAM - CATHOLIC CHARITIES DIOCESE OF MONTEREY

The Laser Tattoo Removal Program removes barriers to employment while broadening opportunities for people committed to changing the direction of their lives for good. There is no age limit, and low-cost fees provide access to this otherwise highly expensive treatment.

440 San Benito Street (Epicenter), Hollister, CA 95023 (831) 975-2596 x 207

catholiccharitiesdom.org



SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM - PENINSULA FAMILY SERVICE

Offers paid shifts with nonprofit agencies for low-income and unemployed seniors aged 55+.

1111 San Felipe Rd #107, Hollister, CA 95023 www.peninsulafamilyservice.org

(831) 636-5195

SENIOR NETWORK SERVICES REGISTRY - HOME HELP FOR SENIORS RESPITE CARE

For persons seeking employment in home help, respite care and home maintenance. San Benito County residents assisted locally by appointment.

1777-A Capitola Rd, Santa Cruz, CA 95062 www.seniornetworkservices.org

(831) 462-0880

UNITED FOR SAN BENITO

For essential community services. Formerly United Way of San Benito County.

440 San Benito Street (Epicenter), Hollister, CA 95023 www.unitedforsanbenito.org

(831) 245-0051 or 211 vicki@unitedforsanbenito.org



Equipment & Rentals

Some individuals use assistive technology in order to remain living independently. This includes devices which improve access to the environment (ramps, Braille signs, automatic door openers) and aids for daily living (adapted utensils and modified bathrooms). Assistive technology also refers to devices which assist communication (hearing aids, closed captioning, modifications to computers, visual aids) and equipment which improves mobility (wheelchairs). For more information, visit Temple University's Institute on Disabilities at www.techowlpa.org.

CALIFORNIA TELEPHONE ACCESS PROGRAM (CTAP)

Distributes free specialized telecommunications equipment and services for those with difficulty using a standard telephone. Doctor approval required. Open to residents of San Benito County.

CTAP Contact Center PO Box 30310, Stockton, CA 95213 www.californiaphones.org

(800) 806-1191 (800) 806-4474 TTY

CARING.COM'S LIST OF BEST HEARING AMPLIFIERS

Caring.com is a leading senior living referral service and the nation's top site for senior care reviews. Founded in 2007, and serving millions of website visitors today, Caring applies cutting-edge technology to a humane mission, providing relevant senior care information and support, as well as comprehensive senior living and senior care directories for the United States They have been featured by AARP and Forbes.

https://www.caring.com/best-hearing-amplifier

CENTRAL COAST CENTER FOR INDEPENDENT LIVING (CCCIL)

Offers Assistive Technology (AT) which includes devices, products, and services that allow people with disabilities to move freely, obtain jobs, and maintain their independence. Items as eyeglasses, hearing aids, wheelchairs and ramps, communication devices, specialized computer software, and assistance dogs.

Local: c/o EDD 1111 San Felipe Road #107, Hollister, CA 95023 (831) 757-2968 x 25

Principal: 318 Cayuga Street #208 Salinas, CA 93901 (831) 757-2968

www.cccil.org

DEAF & HARD OF HEARING SERVICE CENTER

DHHSC advocates, seeks equality, and promotes self-determination through empowerment while enhancing awareness and understanding of Deaf Culture and the unique needs of Deaf and Hard of Hearing individuals. Salinas office also serves SBC residents and provides an LGBTQ safe space.

Local: 1188 Padre Drive, Suite 115, Salinas, CA 93901 (831) 240-4020

www.DHHSC.org



FALLS PREVENTION PROGRAM / MEDICAL GUARDIAN - SENIORS COUNCIL OF SAN BENITO COUNTY

Emergency response system through installed Medical Guardian home units.

Local: c/o ADRC, 440 San Benito Street, Hollister, CA 95023 (888) 637-6757 Main: 234 Santa Cruz Avenue, Aptos, CA 95003 (831) 688-9217

www.seniorscouncil.org

DEPARTMENT OF VETERANS AFFAIRS

VA provides different funding programs such as TRICARE, CHAMPVA for Life, and Veterans Directed Home and Community Based Services (VD-HCBS).

www.va.gov (800) 698-2411

HAZEL'S THRIFT SHOP - HAZEL HAWKINS MEMORIAL HOSPITAL AUXILIARY

A non-profit thrift shop that often carries medical equipment including bath chairs, walkers, canes, orthopedic shoes, incontinence supplies, and more.

898 San Benito Street, Hollister, CA 95023 (831) 638-0526

www.hazelsthriftshop.org

JOVENES DE ANTAÑO

Dedicated to improving the general welfare of older adults and people with disabilities in San Benito County. Offering classes, Meals on Wheels, medical equipment rentals, transportation, and more.

300 West St, Hollister, CA 95023 (831) 637-9275 www.jdaseniors.org

MD MEDICAL SUPPLIES & UNIFORMS

191 San Felipe Road G-1, Hollister, CA 95023 (831) 207-2936

www.facebook.com/mdmedscrub

MEDICARE

Medicare has different programs available to persons with disabilities and seniors in need of mobility assistive devices. Generally, Medicare Part B covers mobility equipment upon doctor approval. Typically, the program will only reimburse 80% of the cost of acquiring a mobility scooter, so you may have to contact your local Medicaid office (ask for the "Medicare Savings Program") or a Medicare supplemental policy to provide the remaining 20% cost.

www.medicare.gov (800) 633-4227

NUMOTION

Customized wheelchairs. Repairs wheelchairs, power and manual. Their Foundation also provides financial assistance toward medical equipment.



446 Westridge Dr, Watsonville, CA 95076 www.numotionfoundation.org/grants-sponsorships (831) 724-5544

www.numotion.com

SHIELD HEALTH CARE

Offers medical supplies for home care and patient advocacy at the local, state, and federal levels.

www.shieldhealthcare.com/community

(800) 675-8840 SF Office

THE HEARING FOUNDATION (formerly EAR OF THE LION)

Reconditioned hearing aids for low-income seniors and persons with disabilities.

www.earofthelion.org

(800) 327-8077

UNITED SPINAL ASSOCIATION MEDICAL EQUIPMENT RESOURCE CENTER FOR SENIORS AND PERSONS WITH DISABILITIES

Most organizations listed in the directory have certain qualifying standards that the grant applicant will have to meet and most have limits on the amount of funding they will provide toward medical equipment.

www.askus-resource-center.unitedspinal.org

VALLEY HEARING CENTER

www.valleyhearingcenter.com

Services include hearing tests and consultations, hearing aid evaluations, live speech mapping, tinnitus treatment, and more.

341 Tres Pinos Rd #203, Hollister, CA 95023

(831) 630-4007



Faith-Based Organizations

APOSTOLIC ASSEMBLY LEARNING CENTER	
153 5 th St, Hollister, CA 95023	(831) 636-0700
CALVARY BAPTIST CHURCH	
1900 Highland Dr, Hollister, CA 95023	(831) 637-2909
CHURCH OF CHRIST	
620 Monterey Rd, Hollister, CA 95023	(831) 637-7988
FAITH HOPE & LOVE CENTER	
886 Central Ave Hollister, CA 95023	(831) 313-0078
GLAD TIDING CHURCH	
45 Muckelemi St, San Juan Bautista, CA 95045	(831) 623-4152
GRACE BIBLE CHURCH	
634 Monterey Rd, Hollister, CA 95023	(831) 638-1394
HILLSIDE CHRISTIAN FELLOWSHIP	
281 San Felipe Rd, Hollister, CA 95023	(831) 630-0800
CHRIST FELLOWSHIP (formerly HOLLISTER FIRST PRESBYTERIA	AN CHURCH)
2066 San Benito St, Hollister, CA 95023	(831) 637-4350
HOME CHURCH OF HOLLISTER	
750 Ridgemark Dr, Hollister, CA 95023	(831) 634-1000
IMMACULATE CONCEPTION CATHOLIC CHURCH	
7290 Airline Highway, Tres Piños, CA 95075	(831) 628-3216
IN-CHRIST	
2300 Airline Highway, Hollister, CA 95023	(831) 636-5353
KINGDOM HALL OF JEHOVAH'S WITNESSES	
2410 Fallon Rd, Hollister, CA 95023	(831) 637-0956
LIBERTY CHRISTIAN CHURCH	
10 Mansfield Rd, Hollister, CA 95023	(831) 636-8041
LIGHTHOUSE APOSTOLIC CHURCH	
1515 Santa Ana Rd, Hollister, CA 95023	(831) 637-7390
NEW HARVEST CHURCH	
372 4 th St, Hollister, CA 95023	(831) 637-0643
RALLY POINT MINISTRIES	
401 McCray St, Hollister, CA 95023	(831) 313-1660
ST. BENEDICT SACRED HEART & CATHOLIC CHURCH	
1200 Fairview Rd, Hollister, CA 95023	(831) 637-9212
670 College Street, Hollister, CA 95023	(831) 637-4157
SEVENTH DAY ADVENTIST CHURCH	()
2121 Sunnyslope Rd, Hollister, CA 95023	(831) 637-5506



2350 Technology Pkwy, Hollister, CA 95023	(831) 637-1056
THE PENTECOSTAL CHURCH	
2340 Technology Pkwy, Hollister, CA 95023	(831) 635-0615
SUNNYSLOPE CHRISTIAN CENTER INC.	
1520 Sunnyslope Rd, Hollister, CA 95023	(831) 313-1696
UNITED METHODIST CHURCH	
521 Monterey Rd, Hollister, CA 95023	(831) 637-4240



Finance

ADULT PROTECTIVE SERVICES OF SAN BENITO COUNTY

Provides services on behalf of elderly and dependent adults who are unable to protect themselves from financial exploitation (among other services).

1111 San Felipe Rd. Suite #205, Hollister, CA 95023

(831) 636-4190

hhsa.cosb.us/children-and-adult-services/report-adult-abuse

AMERICAN ASSOCIATION OF RETIRED PERSONS (AARP) FOUNDATION

Offers resource guides for seniors on a variety of topics including legal & financial advice.

www.aarp.org/aarp-foundation

BENEFITS CHECK UP

BenefitsCheckUp is the most comprehensive, web-based service for benefits screening. This tool provides free access to 1,650 public and private benefits programs for seniors with limited incomes and resources.

www.benefitscheckup.org

BENEFIT FINDER

A government website providing free information on benefits a person may be entitled to.

www.benefits.gov

BIRCHBARK FOUNDATION

Helping pets and their families through medical crises by providing financial support to low-income families and a free support group to those grieving the loss of their pet.

101 Cooper Street, Santa Cruz, CA 95060

(831) 471-7912 Help Line

www.birchbarkfoundation.org

(831) 471-7255 Admin

CALIFORNIA LIFELINE PROGRAM

Reduced rate telephone service to qualifying low-income customers.

English (866) 272-0349

Spanish (866) 272-0350

www.californialifeline.com

CALIFORNIA ALTERNATE RATES FOR ENERGY (CARE) – PG&E

Provides discount on monthly PG&E bill to qualifying low-income customers.

401 McCray St #A, Hollister, CA 95023

(866) 743-2273 Main

www.pge.com/care



CATHOLIC CHARITIES DIOCESE OF MONTEREY

Immediate assistance for people facing rent and eviction situations, utility shutoff if funding available, CalFresh and Medi-Cal enrollment. Core services include Immigration and Citizenship, Family Supportive Services, Disaster Relief, and Tattoo Removal Program.

440 San Benito Street (Epicenter), Hollister, CA 95023

(831) 975-2596 x 207

catholiccharitiesdom.org

CENTRAL COAST ENERGY SERVICES

Offers the following programs to eligible low-income households: CARE (PG&E discount), Fast Track (emergency utility payments for shutoffs or home heating crisis), HEAP (financial assistant for utilities and budget counseling) and Weatherization at no cost to owner.

PO Box 2707, Watsonville, CA 95077-2707

(888) 728-3637

www.energyservices.org

COMMUNITY SERVICE WORKFORCE DEVELOPMENT - SAN BENITO COUNTY HEALTH & HUMAN SERVICES AGENCY

Provides assistance in managing costs associated with housing, utilities, and more. Various eligibility requirements; visit website for all info. See various sections for more offerings including food and emergency shelter assistance.

Community Services Block Grant (CSBG Cares)

(831) 637-9293

For rent + water/garbage/internet + food for income eligible seniors 60+ and/or veterans.

Low Income Home Energy Assistance Program (LIHEAP) (831) 637-9293
HOPWA for persons with HIV/AIDS (rent + food + dental) (831) 637-9293
Tenant Based Rental Assistance (831) 637-9293
Community Workforce Development Board www.sbccab.com
1111 San Felipe Rd #107, Hollister, CA 95023 (831) 637-9293

hhsa.cosb.us/community-service-workforce-development

HEALTH INSURANCE COUNSELING & ADVOCACY PROGRAM (HICAP) – SENIOR NETWORK SERVICES

Assists with all Medicare concerns including education, claims, and prescription drug benefit. Evaluates supplemental insurance policies, Medicare Advantage plans, and long-term care insurance. A program of Senior Network Services. San Benito County residents assisted locally by appointment.

Main: 1777-A Capitola Rd, Santa Cruz, CA 95062

(831) 462-1433

www.seniornetworkservices.org

LIONS CLUB EYE FUND

May pay for eye exams, prescriptions, glasses and related care for low-income residents.



PO Box 1103, Hollister, CA 95024 www.lionsclubs.org

(831) 636-9011

MEDICARE SAVINGS PROGRAMS (MSPS)

A part of the Medicaid program, MSPs provide assistance to help seniors who have low income and low assets to pay for Medicare costs.

www.seniornetworkservices.org

www.cms.gov

MEDIGAP

Insurance designed to supplement Medicare's benefits by paying some of the amounts that Medicare does not pay for covered services. Sold by private insurance companies.

www.seniornetworkservices.org

www.medicare.gov

MILITARY & VETERANS SERVICES OF MONTEREY & SAN BENITO COUNTIES

Advocates for veterans. Helps determine benefits and services. By appointment only.

649 San Benito St, Ste 115, Hollister, CA 95023 (831) 637-4846 Monthly Veteran Resource Fairs (2nd Mondays, 9AM-1PM) (831) 637-7011

MONEY MANAGEMENT PROGRAM - SENIOR NETWORK SERVICES

Assists seniors in their homes with paying bills, balancing bank statements, budgeting finances, organizing records and medical insurance claims. San Benito County residents assisted locally by appointment.

Main: 1777-A Capitola Rd, Santa Cruz, CA 95062

(831) 462-1433

www.seniornetworkservices.org

NATIONAL ENERGY ASSISTANCE REFERRAL LINE

Offers aid to find your local energy assistance office. Free service.

energyassistance@ncat.org (866) 674-6327 Hotline www.ncat.org (866) 367-6228 TTY

NUMOTION FOUNDATION

Their Grants and Sponsorship Program provides financial assistance to individuals in need of medical equipment.

www.numotionfoundation.org/grants-sponsorships

PARTNERSHIP FOR PRESCRIPTION ASSISTANCE

Connects individuals struggling to pay for their prescription drugs with assistance in the form of free or low-cost prescriptions and low-cost community health services.



www.pparx.org

(571) 350-8643

PEACE OF MIND DOG RESCUE

Assists with pet relocation and provides volunteer and financial assistance so seniors can keep their pets with them as long as possible.

PO Box 51554, Pacific Grove, CA 93950

(831) 718-9122

www.peaceofminddogrescue.org

PROJECT SCOUT TAX ASSISTANCE

Varied positions to help program assisting seniors and low-income people with tax preparation and issues with the IRS and Franchise Tax Board. A program of Seniors Council available to San Benito County residents.

Local: c/o ADRC, 440 San Benito St, Hollister, CA 95023

(888) 637-6757

114 East 5th Street, Watsonville, CA 95076

(831) 724-2606

www.seniorscouncil.org

RECOLOGY'S DISCOUNT PROGRAM

Offers a 20% discount on monthly bills for customers 62 years and older and/or disabled who enrolled in either PG&E's CARE or AT&T's Lifeline programs.

1351 Pacheco Pass Highway, Gilroy, CA 95020

(831) 604-1715

www.recology.com/recology-san-benito-county

ST. VINCENT DE PAUL SOCIETY

Emergency assistance, including help with food, rent and utilities. Thrift Shop onsite.

680 College St, Hollister, CA 95023

(831) 637-7998

www.ssvpusa.org

SENIOR LEGAL SERVICES

Free legal advice and representation for adults 60+ including Social Security, SSI, Medi-Cal, Medicare, housing, consumer, and elder abuse issues. Local office available by appointment only; call main office to make appointment. Videophone services also available. Formerly Senior Citizens Legal Services.

Local: 440 San Benito St, Hollister, CA 95023

By Appt Only (831) 630-1924 x 206

Main: 317 Soquel Ave, Santa Cruz, CA 95062

(831) 426-8824

www.seniorlegal.org

SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM (SCSEP) – US DEPARTMENT OF LABOR

Authorized by the Older Americans Act, the program provides part-time training for low-income, unemployed seniors. Includes access to assistance through American Job Centers.



www.doleta.gov/seniors

SOCIAL SECURITY ADMINISTRATION

San Benito County is serviced by the Social Security Administration office in Gilroy.

1059 1st St, Gilroy, CA 95020 www.ssa.gov

(800) 772-1213 Toll free (800) 325-0778 TTY

US DEPARTMENT OF VETERANS AFFAIRS

San Benito County veterans are assisted by The Major General William H. Gourley VA-DoD Outpatient Clinic of the VA Palo Alto Health Care System in Marina. No emergency services or walk-in appointments at this location. Shuttle G transports veterans around Monterey, Capitola, Santa Cruz, San Jose, San Benito County, and Palo Alto. VA ID required. Ill veterans are encouraged to first call the Advice Nurse below.

Advice Nurse (800) 455-0057 x 4 VA Clinic: 201 Ninth Street, Marina, CA 93933 (831) 884-1000 San Benito County Shuttle G Pick-ups (by appt) (650) 333-7063

Helpful Resource for Veterans Living with Pain: www.va.gov/painmanagement

Oakland Regional Office of the U.S. Dept. of Veterans Affairs (800) 827-1000 1301 Clay St, Rm 1400, N Tower, Oakland, CA 94612 www.va.gov

VOLUNTEER INCOME TAX ASSISTANCE (VITA)

Provides free income tax preparation in partnership with the San Benito County Community Action Board and Community Services & Workforce Development at multiple locations to low-income clients.

1161 San Felipe Rd #B, Hollister, CA 95023 (831) 637-9293

www.sbccab.com

WATER RESOURCES ASSOCIATION OF SAN BENITO COUNTY (SBC WATER DISTRICT)

Assists in various ways to help save water, including rebates (landscape irrigation, water softeners, toilets, etc), consulting, inspections, and more.

30 Manfield Road, Hollister, CA 95023 (831) 637-4378 www.wrasbc.org

Food & Meal Programs

AROMAS GRANGE

The Grange is a great place to connect with friends and neighbors. They offer: pancake breakfasts, exercise classes, workshops, free food distribution (1^{st} and 3^{rd} Tuesdays, 5pm-6pm), shows, rental space and more.

https://www.aromasgrange.org

(831) 227-3920

CHEFS FOR SENIORS

The first food service of its kind locally! Chef Michael Pakes enhances the lives of seniors through food by preparing high-quality customizable meals in customer homes including packing and reheating instructions.

https://chefsforseniors.com/south-san-jose-monterey

(408) 944-5973

COMMUNITY FOOD BANK OF SAN BENITO COUNTY

Services include a Boutique, Marketplace, student snack bags, senior brown bag delivery, multiple weekly food distribution sites (listed below), volunteer opportunities, and more.



1133 San Felipe Rd, Hollister, CA 95023

(831) 637-0340

www.communityfoodbankofsbc.org

info@communityfoodbankofsbc.org

DISTRIBUTION SCHEDULE: Subject to change; please call or check the website for current data.

Marketplace @ SBC Food Bank	1133 San Felipe Rd, Hst	Thurs-Sat	9:00 AM - 11:45 AM
Hernández Memorial Park	Central Ave/Willow St, Hst	Monday	12:30 PM - 1:30 PM
[Across From] True Value	San Juan Rd/Rajkovich Rd	Monday	2:00 PM - 3:00 PM
Rancho School/Prospect Apts	Park St/Sherwood Dr, Hst	Tuesday	12:30 PM - 1:30 PM
[Across From] Skate Park	1221 Memorial Drive, Hst	Tuesday	2:00 PM - 3:00 PM
Hollister Highschool	Riverview Pkwy/Nash, Hst	Wednesday	12:30 PM - 1:30 PM
Dunne Park	600 West St, Hst	Wednesday	2:00 PM - 3:00 PM
Marshall's Grocery Market	300 Carpenteria Rd, Aromas	Thursday	10:00 AM - 10:30 AM
Monterey RV Park	1400 US-101, Aromas	Thursday	10:45 AM – 11:15 AM
McCarthy Park	133 McCarthy Street, Hst	Thursday	12:30 AM - 1:30 PM
El Nopal	216 Third Street, Hst	Thursday	2:00 PM - 3:00 PM
Immaculate Conception Church	7290 Airline Hwy, Tres Pinos	Friday	12:30 PM - 1:00 PM
San Juan Bautista Soccer Field	The Alameda, SJB	Friday	12:00 PM - 1:00 PM

FISHES & LOAVES

Pantry Food Distribution behind the Sacred Heart Pastoral Center Mon-Wed-Fri from 10 AM-12 PM. 680 College Street, Hollister, CA 95023 Sacred Heart: (831) 637-9212

HEALTH & HUMAN SERVICES AGENCY OF SAN BENITO COUNTY

Provides assistance in managing costs associated with food and nutrition. Various eligibility requirements; visit website for all info.

CalFresh / EBT / SNAP (income eligible food program) (831) 636-4180

www.c4yourself.com To Apply Online

hhsa.cosb.us/public-assistance-2/calfresh-2 **Local County Agency**

www.fns.usda.gov/snap/retailer-locator Online EBT Retail Locator

Community Services Block Grant (CSBG Cares) (831) 637-9293

For rent + water/garbage/internet + food for income eligible seniors 60+ and/or veterans.

Community Workforce Development Board www.sbccab.com

H.O.M.E. Resource Center/Community Homeless Solutions (food, shelter, transportation)

1161 San Felipe Rd, Hollister, CA 95023 (831) 785-6557

www.communityhomelesssolutions.org/hrc

HOPWA (food, shelter, dental for those with AIDS/HIV) (831) 637-9293 SBC HHSA Main: 1111 San Felipe Rd #107, Hollister, CA 95023 (831) 637-9293

hhsa.cosb.us/community-service-workforce-development

HUNGER FREE AMERICA - U.S. DEPARTMENT OF AGRICULTURE

Directs callers to their local SNAP offices, provides information on federal benefits programs, and offers a national database of food resources.



(866) 3-HUNGRY English

(877) 8-HAMBRE Spanish

www.hungerfreeamerica.org/en-us/usda-national-hunger-hotline

JOVENES DE ANTAÑO

Dedicated to improving the general welfare of older adults and people with disabilities in San Benito County. Offering classes, Meals on Wheels, medical equipment rentals, transportation, and more.

300 West St, Hollister, CA 95023 www.mealsonwheelsamerica.org (831) 637-9275

www.jdaseniors.org

MARTHA'S KITCHEN

Non-Profit Organization delivering free meals to local distributers including My Father's House.

440 San Benito Street (Epicenter), Hollister, CA 95023

(408) 607-2797

www.marthas-kitchen.org

linda@marthas-kitchen.org

NUTRITION.GOV

Offering resources for nutritional information and services offered through Senior Centers. www.nutrition.gov/food-assistanceprograms/nutrition-programs-seniors

SALVATION ARMY

Offers Food Pantry/Distribution on Tuesdays. Call ahead for information as details may change.

910 Buena Vista Rd Hollister, CA 95023

(831) 636-9832

hollister.salvationarmy.org

Health Support Services

ALZHEIMER'S ASSOCIATION OF NORTHERN CALIFORNIA AND NORTHERN NEVADA

Offers information and referrals, care consultations, support groups, education, and more for people living with Alzheimer's disease or other dementia and their families.

2 Lower Ragsdale Dr #150, Monterey, CA 93940 (831) 647-9890

www.alz.org/norcal (800) 272-3900 24-HR Helpline

ALZHEIMER'S DISEASE CARE CENTER

An Elderday program for seniors with Alzheimer's and other dementias. Provides activities, meals, transportation, and information and support to caregivers. Open to SBC residents.

100 Pioneer Street, Suite C, Santa Cruz, CA 95060 (831) 458-3481 www.communitybridges.org info@cbridges.org

AMERICAN ACADEMY OF OPTHALMOLOGY

Vision care for the nation's disadvantaged senior citizens. Provides exams. Does not provide eyeglasses.

Administration (877) 887-6327

www.aao.org/eyecare-america

AMERICAN CANCER SOCIETY

Phone operators are available 24/7. San Benito County is serviced by the Salinas branch of the ACS.

1534 N Main St Salinas, CA 93906 (831) 443-8879 Local (800) 227-2345 Toll-Free www.cancer.org

AMERICAN DIABETES ASSOCIATION

www.diabetes.org (510) 645-4499

AMERICAN HEART ASSOCIATION & AMERICAN STROKE ASSOCIATION

1 S Almaden Blvd # 500, San Jose, CA 95113 (408) 606-5940

www.heart.org

AMERICAN KIDNEY FUND

Financial assistance to kidney patients.



www.kidneyfund.org

(800) 638-8299

AMERICAN LIVER FOUNDATION

Helpline Specialist (800) 465-4837

www.liverfoundation.org

AMERICAN LUNG ASSOCIATION

(800) 586-4872 www.lung.org

ARTHRITIS FOUNDATION

Information & referral, community seminars, annual Bone & Joint Expo, physical referral list.

24/7 Helpline (800) 283-7800

www.arthritis.org/northern-california

BARRAGAN FAMILY DIABETES CENTER – HAZEL HAWKINS MEMORIAL HOSPITAL

Provides treatment for anyone 18 years and above, regardless of the type of diabetes they may have, type 1, type 2, gestational, or any other special types of diabetes. Treatment and education are available for people who have prediabetes to help prevent or delay its onset.

930 Sunnyslope Road, Suite A-2, Hollister, CA 95023

(831) 637-2022

www.hazelhawkins.com/services/diabetes-services

CABRILLO COLLEGE STROKE & DISABILITY LEARNING CENTER

Education and support for persons who have experienced functional loss due to stroke or other acquired disability. Learn knowledge and skills, regain abilities, and learn to maintain maximum independence despite life-altering challenges. Open to San Benito County residents.

6500 Soquel Drive, HW 1000, Aptos, CA 95003

(831) 477-3300

www.strokecenter.com

CANCER DETECTION PROGRAM – EVERY WOMAN COUNTS

A program funded by the State of California. Free mammogram & breast exam (40+) and cervical cancer (21+) for low-income women who qualify. Automated 24-hour phone line.

www.dhcs.ca.gov

(831) 511-2300

CANCER RESOURCE CENTER

Access to information and community services relating to all aspects of cancer care and management. Support and information for cancer patients, families, and friends. No fees.



Bennett & Suzy Katz Cancer Resource Center / Richard & Mary Solari Cancer Center 3150 Mission Drive, Santa Cruz, CA 95065 (831) 462-7770 www.dignityhealth.org/dominican/cancercare

CENTERS FOR DISEASE CONTROL AND PREVENTION

A national agency, the CDC protects against health, safety, and security threats.

www.cdc.gov (800) 232-4636

THE CENTERS FOR MEDICARE AND MEDICAID SERVICES (CMS)

The Centers for Medicare and Medicaid website directs visitors to a variety of links within the federal system that provide explanations of the basic health care laws, as well as the ongoing changes in the health care system. It contains valuable information for the professional health care worker and the public, such as descriptions of and data on various medical and mental conditions. Assessment tools, forms, applications, and other informational materials are available for downloading and printing at no cost.

www.cms.gov

DEL MAR CAREGIVER RESOURCE CENTER (CRC) – HEALTH PROJECTS CENTER

Provides services to caregivers of adults with cognitive disorders. Offers enhanced care management (new!), care planning, respite care, emotional support, legal and financial consultation, information and referral, educational workshops, and training. Serving San Benito, Monterey, and Santa Cruz Counties.

440 San Benito St (Epicenter), Hollister, CA 95023 (800) 624-8304 Toll-Free www.delmarcaregiver.org (831) 975-5841 Direct

HAZEL HAWKINS MEMORIAL HOSPITAL - SUPPORT GROUPS

Support group offerings include Nursing Mothers, Grief, Memory Impairment, Parkinson's Caregiver, Caregiver (General) and more. Visit the website for more information.

www.hazelhawkins.com/patients-visitors/seminars-classes-support-groups

HEALTH INSURANCE COUNSELING & ADVOCACY PROGRAM (HICAP) – SENIOR NETWORK SERVICES

Assists with all Medicare concerns including education, claims, and prescription drug benefit. Evaluates supplemental insurance policies, Medicare Advantage plans, and long-term care insurance. A program of Senior Network Services. San Benito County residents assisted locally by appointment.

Main: 1777-A Capitola Rd, Santa Cruz, CA 95062 (831) 462-1433

www.seniornetworkservices.org

HEARING LOSS ASSOCIATION OF AMERICA

www.hearingloss.org (301) 657-2248

LEUKEMIA & LYMPHOMA SOCIETY

Financial aid to patients, educational materials and support services.



100 West San Fernando St #365, San Jose, CA 95113

(408) 271-2873

www.lls.org

LIONS CLUB EYE FUND

May pay for eye examinations, prescriptions, glasses and related care for low-income residents.

PO Box 1103, Hollister, CA 95024

(831) 636-9011

www.lionsclubs.org

RED CROSS

San Benito County is serviced by the Central Coast chapter of the Red Cross.

455 San Benito St. #30, Hollister, CA 95023

(831) 636-2100

www.redcross.org

SAN BENITO HEALTH FOUNDATION

Strives to be a health home offering wellness services, medical, dental, eye care, and WIC to serve the needs of San Benito County. WIC is open the 2nd and 4th Saturday of the month.

351 Felice Drive, Hollister, CA 95023

(831) 637-5306 Main

www.sanbenitohealth.org/services.php

(831) 637-6871 WIC

THE HEARING FOUNDATION (formerly EAR OF THE LION)

Provides reconditioned hearing aids for low-income seniors and persons with disabilities.

www.earofthelion.org

(800) 327-8077

TRI-COUNTIES SPEECH THERAPY SERVICES

To provide speech and language services, along with community awareness on speech and early-intervention issues for English and Spanish speaking individuals.

591 McCray St, Hollister, CA 95023

(831) 630-9044

tricountyspeech@sbcglobal.net

VALLEY HEARING CENTER

Services include hearing tests and consultations, hearing aid evaluations, live speech mapping, tinnitus treatment and more.

341 Tres Pinos Rd #203, Hollister, CA 95023

(831) 630-4007

www.valleyhearingcenter.com

YMCA DIABETES PREVENTION PROGRAM

Helps adults at high risk of developing diabetes or those with existing diabetes. Admission into the program is through physician referral. Now partnered with Hazel Hawkins Hospital Barragan Diabetes Center.



www.hazelhawkins.com/services/diabetes-services (831) 637-2022 www.ymca.org/what-we-do/healthy-living/fitness/diabetes-prevention

ZOCALO HEALTH

A non-profit organization assisting Hispanic SBC residents receiving insurance from the Central Coast Alliance for Health (CCAH). Helps remove barriers to health care by offering convenient, transparent, and culturallyaligned care including one-time \$50 virtual visits for quick care.

www.zocalo.health

hello@zocalo.health

(831) 243-4624



Hospitals & Clinics

Locations listed within a 30-minute radius of San Benito County.

COMMUNITY HOSPITAL OF THE MONTEREY PENINSULA

23625 Holman Hwy, Monterey, CA 93940 (831) 624-5311 www.chomp.org

DOMINICAN HOSPITAL

1555 Soquel Dr, Santa Cruz, CA 95065 (831) 462-7700 www.dignityhealth.org

HAZEL HAWKINS MEMORIAL HOSPITAL

Full-service hospital with emergency room providing health care to San Benito County.

Principal: 911 Sunset Drive	, Hollister, CA 95023	(831) 637-5711
Community Health Center	930 Sunset Dr #3, Hollister, CA 95023	(831) 636-2664
Mabie Health Care Center	991 4th St, Hollister, CA 95023	(831) 636-3277
Mabie First Street Clinic	321 First St, Hollister, CA 95023	(831) 638-1652
McCray Lab	591 McCray St #111, Hst, CA 95023	(831) 636-1436
San Juan Bautista Clinic	301 The Alameda #B-3, SJB, CA 95045	(831) 623-4615
Sunnyslope Lab	920 Sunnyslope Rd Floor 2, Hst, CA 95023	(831) 635-9656
ممحم ممثيات مطاعت ما يدسين		

www.hazelhawkins.com

NATIVIDAD MEDICAL CENTER

1441 Constitution Blvd, Salinas, CA 93901 (831) 755-4111 www.natividad.com

PLANNED PARENTHOOD MAR MONTE - GILROY HEALTH CENTER

Primary health care for men and women. Bilingual. Sliding scale fees, Medi-Cal accepted. As the Hollister location has closed, patients are referred to the Gilroy office.

760 Renz Lane, Gilroy, CA 95020 (408) 847-1739 www.plannedparenthood.org

ST. LOUISE REGIONAL HOSPITAL

9400 No Name Uno, Gilroy, CA 95020 (408) 848-2000 slrh.sccgov.org (408) 842-0409 TTY

SALINAS VALLEY MEMORIAL HOSPITAL

450 E Romie Ln, Salinas, CA 93901 (831) 757-4333

www.svmh.com



SAN BENITO HEALTH FOUNDATION

Provides general care (including dentistry). Sliding fee scale, bilingual, Medi-Cal accepted. 351 Felice Dr, Hollister, CA 95023 (831) 637-5306 www.sanbenitohealth.org

SATELLITE HEALTHCARE DIALYSIS CENTER OF HOLLISTER

Provides individualized compassionate kidney care from healthcare professionals.

1100 E Park St, Hollister, CA 95023 (831) 665-6115

www.satellitehealthcare.com

SUTTER HEALTH

550 South Green Valley Rd, Watsonville, CA 95076 (831) 462-7110 www.sutterhealth.org

WATSONVILLE COMMUNITY HOSPITAL

75 Nielson St, Watsonville, CA 95076 (831) 724-4741 www.watsonvillehospital.com

ZOCALO HEALTH

A non-profit organization assisting Hispanic SBC residents receiving insurance from the Central Coast Alliance for Health (CCAH). Helps remove barriers to health care by offering convenient, transparent, and culturallyaligned care including one-time \$50 virtual visits for quick care.

www.zocalo.health hello@zocalo.health (831) 243-4624



Housing

Senior homelessness is a growing concern throughout the U.S. More than 30% of the nation's homeless people were aged 50 and older as of 2019. Every day, more than 500 homeless people in San Benito County need emergency shelter.

ADVOCACY, INC.

The Long-Term Care Ombudsman and the Mental Health Patient's Rights Advocate Programs. Guidance on selecting a nursing home, residential care or board and care facility. Open to residents of San Benito County.

1500 41st Avenue, Suite 222 Capitola, CA 95010

(831) 429-1913

www.advocacy-inc.org

CITY OF HOLLISTER HOUSING PROGRAMS DIVISION

Increases and preserves the community's supply of low and moderate income housing. In the past, the Agency has offered rehabilitation loans, first time homebuyer loans, and self-help programs to obtain the goal of providing safe and decent housing for the citizens of Hollister.

339 Fifth Street, Hollister, CA 95023

(831) 636-4356

Housing Program Coordinator:

housing@hollister.ca.gov

COMMUNITY HOUSING IMPROVEMENT SYSTEMS AND PLANNING ASSOCIATION, INC (CHISPA)

CHISPA builds and renovates single-family homes and apartments for low and moderate-income people in San Benito and nearby counties. Also offering onsite educational and recreational programs for residents through local community partnerships.

295 Main Street #100, Salinas, CA 93901

(831) 757-6251

www.chispahousing.org

COMMUNITY SERVICE WORKFORCE DEVELOPMENT – SBC HEALTH & HUMAN SERVICES AGENCY

Provides assistance in temporary and permanent housing placement. Various eligibility requirements; visit website for all info. For rental assistance, see "Finance" section.

ESG Rapid Rehousing (homeless relocation & stabilization)	(831) 637-9293
Helping Hands (permanent housing for homeless/disabled)	(831) 637-9293
H.O.M.E. Resource Center/Community Homeless Solutions	(831) 785-6557
1161 San Felipe Rd. Hollister, CA 95023 www.communityhomelessso	olutions.org/hrc
Housing & Disability Advocacy Program (for homeless/disabled)	(831) 636-4180



Housing Support Program (for families enrolled in CalWorks)	(831) 636-4180
Migrant Housing (May – November)	(831) 637-9293
Project Roomkey R2 (hotel vouchers)	(831) 637-9293
Winter Shelter (for families December – March)	(831) 637-9293
Community Workforce Development Board:	(831) 637-9293
1111 San Felipe Rd #107, Hollister, CA 95023	www.sbccab.com

hhsa.cosb.us/community-service-workforce-development

COMMUNITY SUPPORTS PROGRAM – CENTRAL COAST ALLIANCE FOR HEALTH (CCAH)

Community Supports can help CCAH members with housing, receiving food following hospital discharge, referrals to sobering centers and respite services, and more.

www.thealliance.health/for-members/get-care/other-services/community-supports (800) 700-3874

HOUSING ASSISTANCE PROGRAM GUIDE

Provides a comprehensive list of the various federal and state government aid programs that are available to help seniors access housing options and other necessities without facing severe financial duress.

https://www.seniorhousingnet.com/advice-and-planning/guide-to-government-aid-for-seniors

HOUSING AUTHORITY OF SANTA CRUZ & SAN BENITO COUNTIES

If you are seeking more information related to Housing Programs, such as Housing Choice Voucher (Section 8) the Housing Authority of the County of Santa Cruz operates these programs for the City of Hollister. Note that there is currently a long (10+ year) waiting list.

2160 41st Avenue. Capitola, CA 95010-2040 (831) 454-9455 www.HACOSantaCruz.org

HOUSING PROGRAMS DIVISION OF SAN BENITO COUNTY

2301 Technology Parkway, Hollister, CA 95023 (831) 902-2266 www.cosb.us/departments/resource-management-agency/housing-economic-development-division

RESIDENTIAL CARE HOMES & SKILLED NURSING FACILITIES (SNFs)

Bonita Springs Senior Care	1257 Steinbeck Dr, Hollister, CA 95023	(408) 679-0011
Clearview Care Home	3370 Cienega, Hollister, CA 95023	(831) 637-4463
Hearts Of Hollister	630 Rivera Dr, Hollister, CA 95023	(916) 215-5920
Whispering Pines Inn	476 Los Viboras Rd, Hollister, CA 95023	(831) 636-9620
Tri-Angels	1051 Juniper Dr, Hollister, CA 95023	(831) 636-3515



Hazel Hawkins Memorial Hospital Skilled Nursing Facilities

Southside / Mabie Center 911-A Sunset Drive, Hollister, CA 95023 (831) 475-6323 Northside 900 Sunset Drive, Hollister, CA 95023 (831) 635-1106

SECTION 8 / LOW-INCOME HOUSING IN SAN BENITO COUNTY

The properties below all accept Section 8 which the Housing Authority of Santa Cruz County facilitates.

Buena Vista Apartments	810 Buena Vista Rd, Hollister, CA 95023	(831) 585-1348
Gateway Palms	455 Westside Blvd, Hollister, CA 95023	(831) 635-5833
Lado Del Rio	901 Del Rio Dr, Hollister, CA 95023	(831) 637-0657
Prospect Villa II	970 Prospect Ave, Hollister, CA 95023	(831) 636-1997
Rancho Park	1200 Rancho Dr, Hollister, CA 95023	(831) 636-0144
Rustic Gardens	190 Sierra Ct, Hollister, CA 95023	(831) 636-0144
Sunrise Sunrise Apts (CHISI	(831) 757-6251	
Villa Luna	850 Hillcrest Rd, Hollister, CA 95023	(831) 637-6336
Vista Meadows	108 E Park St, Hollister, CA 95023	(831) 636-0120
Westside Terrace	900 Nash Rd, Hollister, CA 95023	(831) 636-0144

SUN STREET CENTERS

State licensed independent living centers providing shelter and assistance to people (of all ages) suffering from drug and/or alcohol addiction.

Women: 335 6th Street, Hollister, CA 95023 (831) 265-7317 Men: 8 Sun Street, Salinas, CA 93901 (831) 753-5145

www.sunstreetcenters.org

TRANSITIONAL HOUSING – H.O.M.E. RESOURCE CENTER

An 18-month program whose aim is to transition individuals into a permanent home. Residents are required to take life skills workshops (personal development, addressing addiction, money management, etc).

1161 San Felipe Rd, Hollister, CA 95023 www.communityhomelesssolutions.org/hrc

(831) 785-6557

TRILOGY AT SAN JUAN OAKS

San Juan Oaks' new age-inspired residences offer exclusive lifestyle amenities to residents aged 55+. The facility plans to include a professional training kitchen, restaurant, entertainment, and sporting facilities.

3825 Union Rd, Hollister, CA 95023

(831) 636-6113

www.sanjuanoaks.com

TWIN OAKS

A 55+ active lifestyle community with world class amenities such as a Chef's Kitchen, Pampered Pets Spa, pool, and pickleball and bocce courts. Classes and events open to residents and friends (invitation only).



2071 Red Oak Dr, Hollister, CA 95023 www.twinoakshollister.com

(831) 800-2334 Lifestyle@TwinOaksHollister.com

UNA CASA MAS FUND - BAY AREA HOUSING CORP

Are you a homeowner seeking to offer a property as a charitable donation? Bay Area Housing Corp (BAHC) acquires, adapts, and manages quality homes specifically modified for people with Intellectual and Developmental Disabilities. Now serving San Benito County residents.

101 Church Street #4, Los Gatos, CA 95030 www.BAHC1.org

(408) 395-5100 x 102



Information & Referral/Assistance (I&R/A)

AGING & DISABILITY RESOURCE CONNECTION (ADRC) OF SAN BENITO COUNTY

Service hub and network of committed community organizations assisting older adults, individuals living with disability, and caregivers. We identify personal and community resources, provide service enrollment assistance, aid in navigating complex public benefit systems, and access information on dozens of non-profit community-based service partners. A program of Seniors Council of Santa Cruz and San Benito Counties.

440 San Benito Street (Epicenter), Hollister, CA 95023

(888) 637-6757

www.sanbenitoadrc.org

CENTRAL COAST CENTER FOR INDEPENDENT LIVING (CCCIL)

Serving people with disabilities. Information and referral, advocacy, benefits counseling, housing assistance, peer support, personal assistance services, independent living skills training. Traumatic brain injury program. English, Spanish, & ASL. Appointment required.

Local: c/o EDD 1111 San Felipe Road #107, Hollister, CA 95023 (831) 757-2968 x 25 Main: 318 Cayuga Street, Ste. 208 Salinas, CA 93901 (831) 757-2968

www.cccil.org

ELDERCARE LOCATOR

A nationwide directory assistance service designed to help older persons and caregivers locate local support resources for aging Americans.

www.eldercare.acl.gov (800) 677-1116

HEALTH & HUMAN SERVICES DEPARTMENT OF SAN BENITO COUNTY

Medi-Cal Benefits Call Center	(831) 636-4180
Adult Protective Services	(831) 636-4190 Main
	(800) 722-0432 Hotline
Cal Fresh	(831) 636-4180
Community Services Workforce and Development	(831) 637-9293
In-Home Support Services (IHSS) Public Authority	(831) 634-0784 Main
	(888) 717-8302 Hotline
Veterans Services Office	(831) 637-4846
EDD/America's Job Center of California	(831) 637-5627
Children and Adult Services	(831) 636-4190
Finance and Administration	(831) 636-5180
Public Assistance	(831) 636-4180
Public Health Services	(831) 637-5367
Main: 1111 San Felipe Road, Hollister, CA 95023	



www.hhsa.cosb.us

HOPE SERVICES

Improves the quality of life for people with developmental disabilities and mental health needs. Offers paid work, job development and coaching, placement, classes, volunteer work, & personal enrichment activities. Clients enrolled in the Hope program are dually registered Gavilan College students.

650 San Benito St #120, Hollister, CA 95023

(831) 638-6852

www.hopeservices.org

JOVENES DE ANTAÑO

Dedicated to improving the general welfare of older adults and people with disabilities in San Benito County. Offering classes, Meals on Wheels, medical equipment rentals, transportation, and more.

300 West St, Hollister, CA 95023 www.mealsonwheelsamerica.org

(831) 637-9275

www.jdaseniors.org

LIBRARIES

Offering free wi-fi (inside and parking lot), multimedia, plus various workshops and classes.

AROMAS LIBRARY www.co.monterey.ca.us/government/departments-i-z/library/locations/aromas-branch

389D Blohm Ave # D, Aromas, CA 95004 (831) 796-6128 LUCK LIBRARY (SAN JUAN BAUTISTA CITY LIBRARY) www.san-juan-

bautista.ca.us/community/library.php

801 2nd St, San Juan Bautista, CA 95045 (831) 623-4687 SAN BENITO COUNTY FREE LIBRARY www.SBCFL.org 470 Fifth Street, Hollister, CA 95023 (831) 636-4107

SOURCEWISE

Coordinating services and support systems for South Santa Clara County including Gilroy and Morgan Hill. Assists with senior employment, caregiving, health insurance counseling, meals, transportation, and more.

16340 Monterey Road, Morgan Hill, CA 95037

(408) 762-7362

www.mysourcewise.com

UNITED FOR SAN BENITO

For essential community services. Formerly United Way of San Benito County.

440 San Benito Street (Epicenter), Hollister, CA 95023

(831) 245-0051 or 211

www.unitedforsanbenito.org

vicki@unitedforsanbenito.org



Legal & Consumer Services

ADVOCACY, INC.

Rights protection and advocacy services for residents of nursing homes and residential care facilities in San Benito County. Receives and investigates complaints (including reports of elder abuse) in care facilities.

1500 41st Avenue, Suite 222 Capitola, CA 95010

(831) 429-1913

www.advocacy-inc.org

CALIFORNIA DEPARTMENT OF INSURANCE

Consumer hotline receives complaints about insurance and insurance agents.

www.insurance.ca.gov

(800) 927-4357

CALIFORNIA RURAL LEGAL ASSISTANCE (CRLA)

Free legal assistance for low-income adults in SBC including Civil Rights, Employment, & Health Care claims.

21 Carr Street, Watsonville, CA 95076 www.crla.org

(831) 724-2253 x 500 info@CRLA.org

CALIFORNIA VICTIM COMPENSATION PROGRAM - STATE BOARD OF CONTROL

Qualifying victims may receive financial assistance for losses resulting from a crime.

P.O. Box 3036, Sacramento, CA 95812

(800) 777-9229

www.victims.ca.gov

CATHOLIC CHARITIES DIOCESE OF MONTEREY

Immediate assistance for people facing rent and eviction situations, utility shutoff if funding available, CalFresh and Medi-Cal enrollment. Core services include Immigration and Citizenship, Family Supportive Services, Disaster Relief, and Tattoo Removal Program.

440 San Benito Street (Epicenter), Hollister, CA 95023

(831) 975-2596 x 207

catholiccharitiesdom.org

DISABILITY RIGHTS NETWORK (DRN)

Federally-mandated organization providing legal support for persons with disabilities by promoting selfdetermination, accessibility, inclusion, and attempt to eradicate abuse, neglect and discrimination.

www.ndrn.org



DISTRICT ATTORNEY - SAN BENITO COUNTY

419 4th St. Hollister, CA 95023

(831) 636-4120

www.cosb.us/departments/district-attorney

FAMILY LAW FACILITATOR - SAN BENITO COUNTY

Does not provide legal advice but offers assistance and form packets to people who do not have attorneys. Assistance with medical insurance issues and family law issues including child support, parentage, dissolution, child custody, and visitation. Those not fluent in English must bring an interpreter.

450 Fourth Street, Hollister, CA 95023

(831) 636-4057

www.sanbenito.courts.ca.gov/self help/family law.shtml

ID CARD REPLACEMENT - SAN BENITO COUNTY HEALTH & HUMAN SERVICES

Provides free or low fee assistance for clients who have lost their ID card. If client is on Cash Aid, they must get the form from their worker. Driver's license not eligible.

1111 San Felipe Road #107, Hollister, CA 95023

(831) 637-9293

hhsa.cosb.us/community-service-workforce-development

OMBUDSMAN REPRESENTATION - ADVOCACY INC.

Available to residents of San Benito County. Please do not email confidential information.

ombudsman@advocacy-inc.org

(831) 636-1638

SELF-HELP CENTER AT THE SAN BENITO COUNTY SUPERIOR COURT

Open for walk-ins (M-F 8:30 AM-12 PM), phone, and email support. Assists with small claims, name/gender change, restraining orders, guardianship, conservatorship, civil collections, referrals, and form review.

450 Fourth Street, Hollister, CA 95023

(831) 636-4057 x 104

sanbenitocourts.ca.gov

self-help@sanbenito.courts.ca.gov

SENIOR LEGAL SERVICES

Free legal advice and representation for adults 60+ including Social Security, SSI, Medi-Cal, Medicare, housing, consumer, and elder abuse issues. Local office available by appointment only; call main office to make appointment. Videophone services also available.

Local: 440 San Benito St, Hollister, CA 95023

By Appt Only

(831) 630-1924 x 206

Main: 317 Soquel Ave, Santa Cruz, CA 95062

(831) 426-8824

www.seniorlegal.org

SOCIAL SECURITY ADMINISTRATION

San Benito County is serviced by the Social Security Administration office in Gilroy.

1059 1st St, Gilroy, CA 95020

(800) 772-1213 Toll free

www.ssa.gov



Recreation & Exercise

ADAPTIVE PHYSICAL EDUCATION – GAVILAN COLLEGE

Focused classes for seniors and students with disabilities provided by qualified instructors through a number of water and gym activities. Must be a student; one time enrollment fee. https://www.gavilan.edu/student/aec/ape.php

AMERICAN ASSOCIATION OF RETIRED PERSONS (AARP)

AARP is the nation's largest nonprofit, nonpartisan organization dedicated to empowering Americans 50 and older to choose how they live as they age.

English: (800) 424-2277 Español: (877) 342-2277 www.aarp.org

BALER AQUATIC CENTER

Offering swim opportunities to the public including lap swimming and water aerobics. Schedules listed online. Fees are \$10/hour or \$50/month. Prepaid lane reservations are required. Locker Rooms available.

Hollister High School Pool, corner of San Benito Street and River Parkway, Hollister, CA 95023 https://www.teamunify.com/team/sba/page/-baler-aquatic-center (831) 801-1353 sanbenitoaquatics@gmail.com

CITY OF HOLLISTER PARKS & RECREATION

Offers local sports and events for all ages and abilities.

300 West St, Hollister, CA 95023 (831) 636-4390 hollister.ca.gov/government/city-departments/recreation

GOLF COURSES

RIDGEMARK 3800 Airline Hwy, Hollister, CA 95023 (831) 637-8151 www.ridgemarkgolfclub.com SAN JUAN OAKS 3825 Union Rd, Hollister, CA 95023 (831) 636-6113 www.sanjuanoaks.com

GROWING HEARTS GARDEN CENTER

Founded in 2018. A non-profit organization aimed at deeply integrating special needs adults into their community through developing skill sets in a supportive environment. Open to the public, volunteers welcome. Offering many fundraising and educational events throughout the year at Park Hill in Hollister.

www.growingheartsgardencenter.org (831) 207-8282 growingheartsgardencenter@gmail.com

HAZEL HAWKINS MEMORIAL HOSPITAL AUXILIARY

Provides job experience and social enrichment for seniors. Volunteer opportunities available in the Hospital's gift shop Madelyn's, Women's Center, Hospital Lobby, and Hazel's Thrift Shop in Hollister.



911 Sunset Dr, Hollister, CA 95023 www.hazelhawkins.com/volunteer-form (831) 636-2681

JOVENES DE ANTAÑO

Dedicated to improving the welfare of older adults and people with disabilities. Offering exercise classes, Meals on Wheels, computer lab, medical equipment rentals, transportation and much more.

300 West St, Hollister, CA 95023 www.jdaseniors.org

(831) 637-9275

ORIANA CHORALE

Oriana is a Non-Profit community choir that presents a regular schedule of annual concerts dedicated to giving live performances of vocal music and music education. www.orianachorale.org

MARY VELSACO SELLEN SENIOR CENTER

Offering congregate meals with guest speakers midday Wednesdays with free exercise classes prior. The organization also hosts computer classes and technology workshops out of its office in Windmill Plaza.

Luncheon: 600 First St, San Juan Bautista, CA 95045

(831) 262-3484

Offices & Tech-Workshop Center: 301 The Alameda #B5, SJB, CA 95045

www.mvsseniorcenter.com

SILVER CIRCLE

For active adults (Aged 50+) who want to enjoy a positive relaxed atmosphere. Gain better health, balance, and energy. Their "Chair Yoga Class" (9:30AM Mon & Wed, only \$3 each) has run nonstop for twenty years!

Kathleen King Room, 85 Nielson Street, Watsonville, CA 95076

https://www.facebook.com/profile.php?id=100067437184026 keson1@comcast.net

TWIN OAKS

A 55+ active lifestyle community with world class amenities such as a Chef's Kitchen, Pampered Pets Spa, pool, and pickleball and bocce courts. Classes and events open to residents and friends (invitation only).

2071 Red Oak Dr, Hollister, CA 95023

(831) 800-2334

www.twinoakshollister.com

Lifestyle@TwinOaksHollister.com

YMCA OF SAN BENITO COUNTY

In San Benito County since 1999. Various programs for all ages at multiple facilities including senior classes.

351 Tres Piños Rd, Hollister, CA 95023

(831) 637-8600

www.centralcoastymca.org



Support Services

ALZHEIMER'S SUPPORT GROUPS - ALZHEIMER'S ASSOCIATION OF NORTHERN CA & NORTHERN NV

Offers information and referrals, care consultations, support groups, education, and more for people living with Alzheimer's disease or other dementia and their families and caregivers.

2 Lower Ragsdale Dr #150, Monterey, CA 93940

(831) 647-9890

www.alz.org/norcal

(800) 272-3900 24-HR HELPLINE

AMERICAN PSYCHIATRIC NURSES ASSOCIATION

Committed to the specialty practice of psychiatric-mental health (PMH) nursing and wellness promotion, prevention of mental health problems, and treatment of psychiatric disorders.

1850 San Benito St, Hollister, CA 95023

(855) 863-2762

www. psychiatry.org

CASE MANAGEMENT PROGRAM - SENIOR NETWORK SERVICES

Case managers identify social, financial and safety needs of senior citizens who wish to maintain independent living and assist in arranging and monitoring services. San Benito County residents assisted locally by appointment.

1777-A Capitola Rd, Santa Cruz, CA 95062

(831) 462-1433

www.seniornetworkservices.org

EMMAUS HOUSE

Crisis Intervention Service providing shelter and assistance to women (all ages) and children who are victims of domestic violence.

440 San Benito St (Epicenter), Hollister, CA 95023

(877) 778-7978 Hotline

www.emmaushouse.net

(831) 630-5899 Admin

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(831) 637-9275

www.jdaseniors.org

MAKE THE CONNECTION

Free website connecting Veterans and supporters to mental health information including a resource locator tool and videos sharing inspiring stories of treatments and recoveries.

www.maketheconnection.net

NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI)

Offers support, education, and advocacy for people with mental illness and their family members. Provides support groups, education, and referrals. Programs are currently being run via Zoom, enabling participation from San Benito County residents.

542 Ocean Street, Suite F, Santa Cruz, CA 95060 (831) 824-0406 Office www.namiscc.org (800) 950-6264 Help Line

NATIONAL DISABILITY RIGHTS NETWORK

Offers information regarding your state's Disability Rights Network.

www.ndrn.org

SUN STREET CENTERS

State-licensed independent living facility providing shelter and assistance to people (all ages) who suffer from drug and/or alcohol addiction. Full schedule of recovery-based classes including recovery planning, communication skills, and relapse awareness.

For Women: 335 6th Street, Hollister, CA 95023 (831) 265-7317 For Men: 8 Sun Street, Salinas, CA 93901 (831) 753-5145

www.sunstreetcenters.org

TRI-COUNTIES SPEECH THERAPY SERVICES

To provide speech and language services, along with community awareness on speech and early-intervention issues for English and Spanish speaking individuals.

591 McCray St, Hollister, CA 95023 tricountyspeech@sbcglobal.net

(831) 630-9044

VETERAN RESOURCES

Multiple organizations to assist local veterans are available, including non-profit and government agencies.

AMERICAN LEGION: Advocates for the needs of veterans, service members, and families. www.legion.org

Post 69: 649 San Benito St, Hollister, CA 95023 (831) 637-7011

www.alpost69.org hollistervetsbuilding@gmail.com

AMERICAN LEGION AUXILIARY: Fundraises for the American Legion.

www.facebook.com/ALAUnit69Hollister alapresident69@gmail.com

649 San Benito St, Hollister, CA 95023 (831) 207-2597

VETERAN SERVICES (MONTEREY & SAN BENITO COUNTY MILITARY & VETERAN'S SERVICES)

Assists with benefits counseling, claims/appeals, advocacy, referrals to VA services, and more.



www.countyofmonterey.gov/government/departments-i-z/military-veterans#mva

649 San Benito St #115, Hollister, CA 95023

(831) 637-4846

VETERANS OF FOREIGN WARS (VFW): Assistance to veterans who have served overseas. www.VFW.org

Dugout: 649 San Benito St (faces East St), Hollister, CA 95023

(831) 637-5321

VFW Post 9242: 649 San Benito St #204, Hollister, CA 95023

(831) 637-6015

www.vfw9242.org

vfwpost9242@gmail.com

VFW Post 6359: 58 Monterey St, San Juan Bautista, CA 95045

(408) 603-9065

www.vfw6359.org

vfwpost6359@gmail.com

VETERANS OF FOREIGN WARS (VFW) AUXILIARY: Fundraises for the VFW.

58 Monterey St, San Juan Bautista, CA 95045

(408) 603-9065

649 San Benito St #218, Hollister, CA 95023

(831) 637-4846

Transportation

COUNTY EXPRESS, DIAL-A-RIDE, PARATRANSIT – SAN BENITO COUNTY

Provides convenient and affordable transportation service to the communities of Hollister, San Juan Bautista, and Gilroy. Operates a complementary Dial-A-Ride service, as well as an intercounty service to Gilroy's Caltrain & Greyhound Stations and Gavilan College plus a connecting service to the Santa Clara VTA.

330 Tres Piños Rd #C7, Hollister, CA 95023

(831) 637-7665

www.sanbenitocountyexpress.org

ELDERCARE LOCATOR: TRANSPORTATION

Offers links and publications to evaluate mobility needs and identify transportation options in communities. Ultimately, the search engine refers to the local Area on Aging which is Seniors Council (831-688-0400).

eldercare.acl.gov/Public/Resources/LearnMoreAbout/Transportation.aspx

(800) 677-1116

GILROY TRANSIT CENTER / GILROY SOUTHERN PACIFIC RAILROAD DEPOT

This multipurpose station is used for Caltrain, VTA, AMTRAK, Taxi, Greyhound and Private Bus transport.

7150 Monterey St, Gilroy, CA 95020

CALTRAIN: https://www.caltrain.com/station/gilroy

VTA: www.vta.org/getting-around/park-and-ride-lots-gilroy-caltrain-station

AMTRAK: www.amtrak.com/stations/gly

GREYHOUND: www.greyhound.com/bus/gilroy-ca/gilroy-bus-stop

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300 West St, Hollister, CA 95023

(831) 637-9275

www.jdaseniors.org

LEFTRIDGE TRANSPORTATION

Assisting in maintaining client independence by providing daily transportation needs.

www.leftridgetransportation.com

(707) 344-1755

MONTEREY-SALINAS TRANSIT (MST) & RIDES PROGRAM

MST also offers a paratransit program "MST RIDES" to customers who have a disability that prevents them from using MST's regular fixed route bus service.



www.mstmobility.org

(888) 678-2871

NATIONAL AGING & DISABILITY TRANSPORTATION CENTER

Promotes availability and accessibility of transportation options for older adults and people with disabilities. www.nadtc.org (866) 983-3222

VETERAN'S SERVICES OF MONTEREY & SAN BENITO COUNTIES

Transportation options available for veterans. 649 San Benito Street #115, Hollister, CA 95023 (831) 637-4846 www.cosb.us/services/community/veterans-services

Volunteer Organizations

Seniors Council and the Community Foundation of San Benito County have created a new Volunteer Center to provide volunteer placement within local organizations. For details, refer to the program in the list below.

AMERICORPS / FOSTER GRANDPARENT / SENIOR COMPANION PROGRAM - SENIORS COUNCIL

A Seniors Council program that pays non-taxable hourly stipends & travel reimbursement to low-income seniors for providing one-on-one assistance with children, youth or the frail elderly.

Local: c/o ADRC, 440 San Benito Street, Hollister, CA 95023 (888) 637-6757

234 Santa Cruz Avenue, Aptos, CA 95003 (800) 945-0099 x 112

www.seniorscouncil.org/foster-grandparents-program-fgp programspecialist@seniorscouncil.org

COMMUNITY FOUNDATION OF SAN BENITO COUNTY

Maintains a directory of the nonprofit organizations for further research into volunteer opportunities.

www.givesanbenito.org/nonprofit-directory

COMMUNITY FOOD BANK OF SAN BENITO

Services include a Boutique, Marketplace, student snack bags, senior brown bag delivery, multiple weekly food distribution sites, volunteer opportunities, and more.

1133 San Felipe Rd, Hollister, CA 95023

(831) 637-0340

www.communityfoodbankofsbc.org

HAZEL HAWKINS MEMORIAL HOSPITAL AUXILIARY

Provides job experience and enrichment for seniors. Volunteer opportunities available in the Hospital's gift shop, Skilled Nursing Facilities, Women's Center, Hospital Lobby, and Hazel's Treasures (thrift shop).

911 Sunset Dr, Hollister, CA 95023 (831) 636-2681

www.hazelhawkins.com/volunteer-form vservices@hazelhawkins.com

UNITED FOR SAN BENITO

For essential community services. Formerly United Way of San Benito County.

440 San Benito Street (Epicenter), Hollister, CA 95023 (831) 245-0051 or 211

www.unitedforsanbenito.org vicki@unitedforsanbenito.org

VOLUNTEER CENTER OF SAN BENITO COUNTY

Seniors Council and the Community Foundation for SBC are collaborating to create a community hub for providers and volunteers to connect that should launch in early 2025.

440 San Benito Street (Epicenter), Hollister, CA 95023 (831) 975-2596 x 204

www.seniorscouncil.org/volunteer (more info coming soon) coreys@seniorscouncil.org