

San Benito County RFA

January Newsletter

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Supports 4 You

UPCOMING COFFEE WITH CAREGIVERS

VIRTUAL SUPPORT GROUP FOR KINSHIP, GUARDIAN, FOSTER, AND ADOPTIVE FAMILIES. MAKE YOURSELF A CUP OF COFFEE, AND JOIN US FOR AN INTERACTIVE PEER TO PEER SUPPORT GROUP. EMAIL: COFFEE@CACAREGIVERS.ORG

FRIDAY JANUARY 9 | 11:30-12:30PM

REGISTER BY VISITING THIS WEBSITE: [LINKED HERE](#)

TEXTURED HAIR CARE LEVEL I WITH STYLES 4 KIDZ

JANUARY 21 | 5:00-7:00PM | [REGISTER](#)

FAMILY URGENT RESPONSE SYSTEM & KINSHIP NAVIGATOR

LEARN ABOUT THE FAMILY URGENT RESPONSE SYSTEM AND NEW
VIRTUAL SERVICES NAVIGATOR
RECORDED WEBINAR | [SLIDES](#) | [FAMILY URGENT RESPONSE FLYERS](#) |
VIRTUAL

[SUPPORT SERVICES](#) | [FURS \(833\)939-3877](#)

Supports 4 You

CALIFORNIA PARENT & YOUTH HELPLINE | PARENTING HELP



**California
Parent & Youth
Helpline**
1-855-4A PARENT
1-855-427-2736
8am-8pm Monday-Sunday

CALL, TEXT OR LIVE CHAT NOW
FOR EMOTIONAL SUPPORT OR TO
SIGN UP FOR ONLINE PARENTING
SUPPORT GROUPS

caparentyouthhelpline.org
info@caparentyouthhelpline.org

Asking for Help is a Sign of Strength®

FAMILY URGENT RESPONSE SYSTEM



HOME | FIRST 5 SAN BENITO



SAFE KIDS SAN BENITO COUNTY | SAFE KIDS WORLDWIDE

SAFE KIDS SAN BENITO COUNTY

Safe Kids San Benito County is led by San Benito County Health and Human Services Agency, which provides dedicated and caring staff, operation support and other resources to assist in achieving our common goal: keeping your kids safe. Based on the needs of the community, this coalition implements evidence-based programs, such as car-seat checkups, safety workshops and sports clinics, that help parents and caregivers prevent childhood injuries.





HEALING FROM CHILDHOOD TRAUMA-
“HOW CAN YOU STILL LOVE ME?”
[LINK HERE](#) FOR FULL PODCAST EPISODE



10 RESOURCES FOR FOSTER PARENTS
[LINK HERE](#) FOR ALL 10 RESOURCES



*Fostering Parenthood: The
Podcast*
[LINK HERE](#) FOR PODCAST
EPISODES



PARENTS & CAREGIVERS

YOUR VOICE IS
IMPORTANT!



SCAN HERE

HELP US UNDERSTAND HOW FAMILIES IN SAN BENITO
COUNTY ACCESS RESOURCES BY TAKING THIS QUICK
1-MINUTE SURVEY!



**SAN BENITO COUNTY
PUBLIC HEALTH SERVICES**



— — —
MENTAL HEALTH SUPPORT AT YOUR
DOORSTEP IN SAN BENITO COUNTY

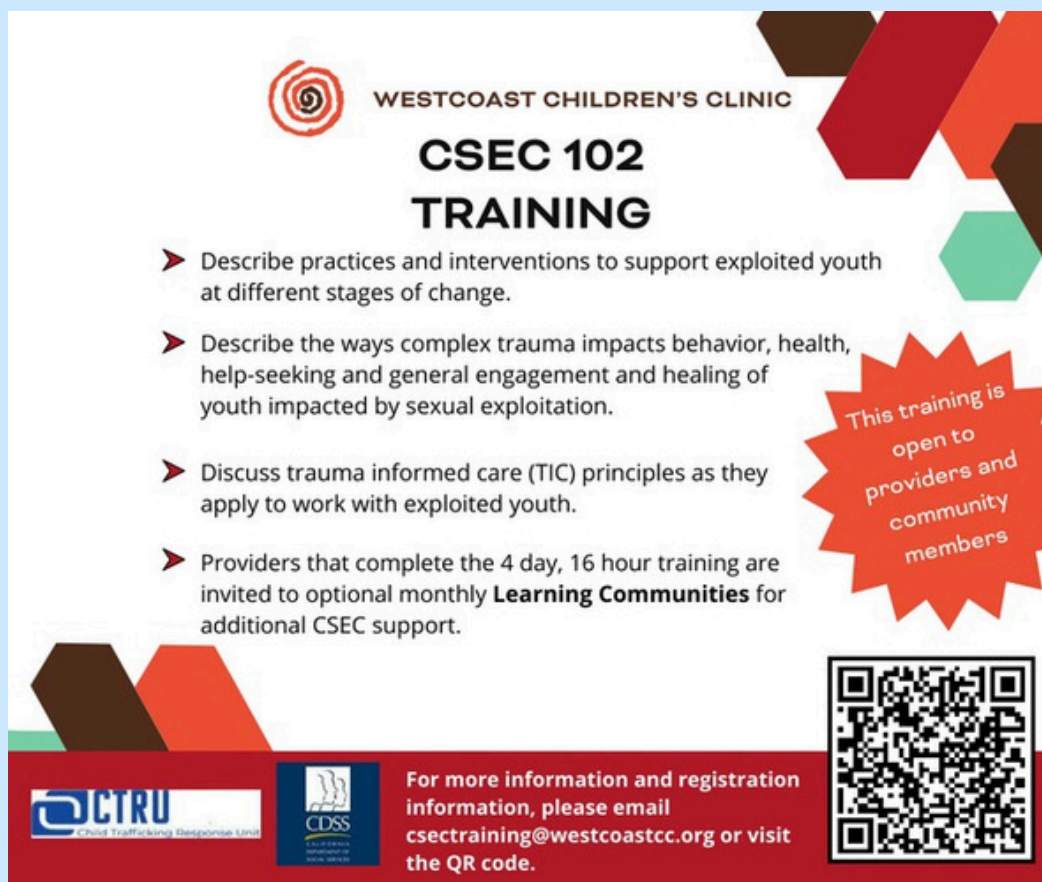
(831) 902-2911

CALL NOW



Upcoming Trainings

The CSEC 102 training provides an advanced and comprehensive curriculum on best practices for serving youth that are commercially sexually exploited. This CDSS sponsored training is free to all California based providers in any setting — child welfare, juvenile justice, healthcare, social work, education, and more.



The flyer for CSEC 102 Training features a white background with a red and orange geometric design on the right side. At the top left is the West Coast Children's Clinic logo, a red spiral. The title "CSEC 102 TRAINING" is in bold black text. Below the title is a list of four bullet points, each preceded by a red arrow. To the right of the list is a red starburst graphic containing text. At the bottom left are logos for CTRU and CDSS. At the bottom right is a QR code. The bottom of the flyer has a red background with white text.

WESTCOAST CHILDREN'S CLINIC

CSEC 102 TRAINING

- Describe practices and interventions to support exploited youth at different stages of change.
- Describe the ways complex trauma impacts behavior, health, help-seeking and general engagement and healing of youth impacted by sexual exploitation.
- Discuss trauma informed care (TIC) principles as they apply to work with exploited youth.
- Providers that complete the 4 day, 16 hour training are invited to optional monthly **Learning Communities** for additional CSEC support.

This training is open to providers and community members

CTRU Child Trafficking Response Unit

CDSS CALIFORNIA DEPARTMENT OF SOCIAL SERVICES

For more information and registration information, please email csectraining@westcoastcc.org or visit the QR code.

[Click here to Register for January Dates](#)

Tuesday: January 20th, 2026, 9:00AM-1:00PM (Module 1)

Wednesday: January 21st, 2026, 9:00AM-1:00PM (Module 2)

Tuesday January 27th, 2026, 9:00AM-1:00PM (Module 3)

Wednesday January 28th, 2026, 9:00AM-1:00PM (Module 4)

ANY TRAININGS ATTENDED WILL COUNT TOWARDS ANNUAL 8 HOUR TRAINING REQUIREMENT

Upcoming Trainings

Advanced Caregiver Training

This 16-hour training series is a comprehensive course that addresses how to recognize and respond to youth in your care that are commercially sexually exploited.

We will build on the skills and concepts learned in previous introduction to commercial sexual exploitation trainings. Caregivers will learn strategies to recognize signs of trafficking, respond to them, and gain support from caregivers going through similar experiences. Additionally, you will connect with survivors with lived experience both in the training and in our optional, monthly Learning Communities. Our Learning Communities are open to caregivers that have completed the training series.

[Click here to Register for January Dates](#)

Tuesday: January 13th, 2026, 9:00AM-1:00PM (Module 1)

Thursday: January 15th, 2026, 9:00AM-1:00PM (Module 2)

Tuesday: January 20th, 2026, 9:00AM-1:00PM (Module 3)

Thursday: January 22nd, 2026, 9:00AM-1:00PM (Module 4)

ANY TRAININGS ATTENDED WILL COUNT TOWARDS ANNUAL 8 HOUR TRAINING REQUIREMENT

Westcoast Children's Clinic

Self Paced CSEC Training Options

WestCoast now offers both the CSEC 102 and the Advanced CSEC Caregiver training in an online self-paced format. As a participant, you will be able to take all 4 modules of these curriculum at your own pace. Each module includes videos and engaging activities to ensure participants develop understanding and comprehension of the material.

If you would like to register to take the trainings online through our Teachable portal, please use the links below.

CSEC 102 Self-Paced

Advanced CSEC Caregiver Self-Paced

**THE CSEC 102 SELF-PACED
TRAINING IS \$75 PER PERSON**

Ongoing Trainings Reminder

Each year, each applicant is required to complete 8 hours of training
EVERY 2 YEARS, RENEWAL OF CPR CERTIFICATION IS REQUIRED

Possible Trainings to Complete via Foster Parent College:



Cultural Issues in Parenting

Examines how parents can support children's cultural differences, including differences in customs, beliefs, sexual orientation, and gender identity, and why that is important to healthy growth and development. [Also available in Spanish]

Credit Hours: 4



Understanding Behavior in Foster Children

Explores problematic behavior in foster children and how foster parents can better understand the purpose of a child's behavior through careful observation. [Also available in Spanish]

Credit Hours: 4



Taking Things without Permission (Advanced Parenting Workshop)

This Advanced Parenting Workshop explores the common reasons for taking things. With the help of Dr. Rick Delaney and his teaching assistant, participants develop an action plan.

Credit Hours: 6



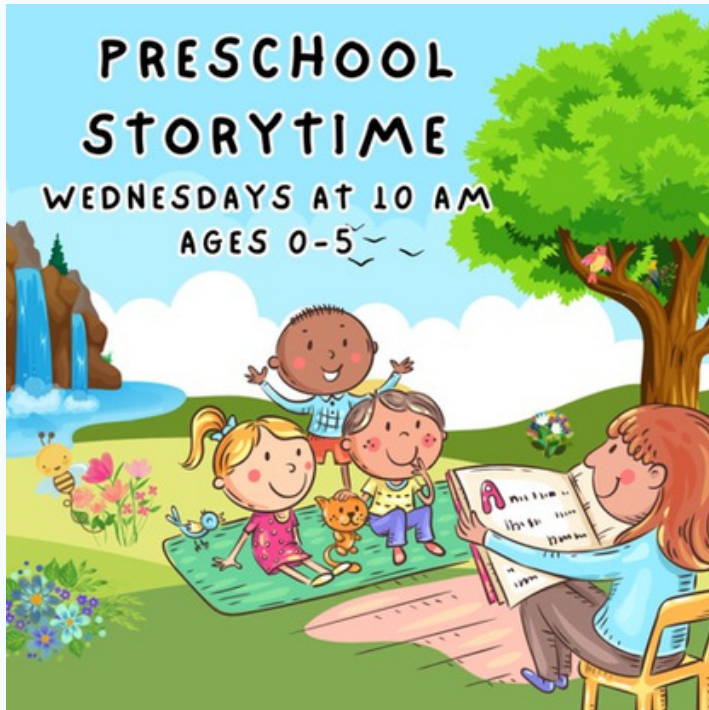
Children Entering Care: Physical Health Issues

Explores common physical health issues for children entering care and how parents can collaborate with health care providers to support their children's medical needs. [Also available in Spanish]

Credit Hours: 2

Resources for Youth

ACTIVITIES AT SAN BENITO COUNTY LIBRARY



LIBRARY LOCATION
470 5TH STREET
HOLLISTER, CA 95023
831-636-4107

LIBRARY HOURS

SUNDAY: CLOSED
MONDAY: 10:00 AM TO 6:00 PM
TUESDAY: 10:00 AM TO 6:00 PM
WEDNESDAY: 10:00 AM TO 6:00 PM
THURSDAY: 10:00 AM TO 6:00 PM
FRIDAY: 10:00 AM TO 6:00 PM
SATURDAY: 12:00 PM TO 3:00 PM



FRIDAYS 4:00PM-
5:00PM



RESOURCES FOR YOUTH AND FAMILIES

San Benito County First 5

FOR MORE INFORMATION CALL OR TEXT MARIA DIAZ
RUIZ AT (831)634-2046 OR EMAIL MARIA@FIRST5SB.ORG

Galactic Exploration Storytime

Virtual Storytime



You are invited to:

Storytime in space! Together we will read, sing, and explore all space has to offer. Kids will also have the opportunity to design their own personal rocket ship!

When and where?

You can choose the time and setting for your Storytime to take place! We will have a monthly story session for you to access using a link creating flexibility for everyone.

How does virtual storytime work?

Our team will provide pre-made activities to go along with our weekly story theme. All you need to provide is a headcount of children served to ensure that everyone gets included in the fun!



Turtle Time Storytime

Virtual Storytime



You are invited to:

A turtle-tastic storytime, where together we will read *Yertle the Turtle*, sing, and explore how each individual has the ability to make a difference. Kids will also have the opportunity to create their own unique turtle!

When and where?

You can choose the time and setting for your Storytime to take place! We will have a monthly story session for you to access using a link creating flexibility for everyone.

How does virtual storytime work?

Our team will provide pre-made activities to go along with our weekly story theme. All you need to provide is a headcount of children served to ensure that everyone gets included in the fun!



Talk, Read, Rawr - Critter Storytime

Virtual Storytime



You are invited to:

Critter storytime where we will read, sing, dance, and explore our emotions. Kids will create their own personal "emotion monster," and we will discuss the importance of all emotions.

When and where?

You can choose the time and setting for your Storytime to take place! We will have a monthly story session for you to access using a link creating flexibility for everyone.

How does virtual storytime work?

Our team will provide pre-made activities to go along with our weekly story theme. All you need to provide is a headcount of children served to ensure that everyone gets included in the fun!



Storytime by the Sea

Virtual Storytime



You are invited to:

Storytime by the Sea! Together we will sing, read a book, talk about individuality, and create our own unique fish!

When and where?

You can choose the time and setting for your storytime to take place! We will have a monthly story session for you to access using a link creating flexibility for everyone.

How does virtual storytime work?

Our team will provide pre-made activities to go along with our weekly story theme. All you need to provide is a headcount of children served to ensure that everyone gets included in the fun!





REFER A FRIEND



RESOURCE FAMILY APPROVAL

THE RESOURCE FAMILY APPROVAL(RFA)PROGRAM IS A FAMILY-FRIENDLY AND CHILD-CENTERED CAREGIVER APPROVAL PROCESS THAT COMBINES ELEMENTS OF THE PREVIOUS FOSTER PARENT LICENSING, RELATIVE APPROVAL, AND APPROVALS FOR ADOPTION AND GUARDIANSHIP PROCESSES AND REPLACES THOSE PROCESSES. RESOURCE FAMILIES PROVIDE PLACEMENT FOR CHILDREN, YOUTH, AND YOUNG ADULTS (NON-MINOR DEPENDENTS FROM 18-21 YEARS OLD) WHO ARE UNDER THE JURISDICTION OF THE JUVENILE COURT, OR OTHERWISE IN THE CARE OF A COUNTY CHILD WELFARE AGENCY OR PROBATION DEPARTMENT. SAN BENITO COUNTY RESOURCE FAMILIES ARE GIVEN THE UNIQUE OPPORTUNITY TO SUPPORT THE CHILDREN AND FAMILIES IN OUR COMMUNITY. BY ALLOWING OUR CHILDREN TO STAY LOCALLY, EACH CHILD IS GIVEN THE OPPORTUNITY TO CONTINUE ATTENDING HIS OR HER SCHOOL, MAINTAIN SOCIAL AND FAMILIAL RELATIONSHIPS AND THRIVE IN FAMILIAR SURROUNDINGS AT A TIME WHEN HIS OR HER LIFE IS UNCERTAIN. THE RESOURCE FAMILY PLAYS A VITAL ROLE IN THE SUCCESS OF A CHILD.

OUR KIDS NEED YOU. WILL YOU JOIN OUR TEAM?

RESOURCE FAMILY ROLE

NURTURING, SUPPORTIVE ENVIRONMENT WHILE PREPARING THE FOSTER CHILD FOR REUNIFICATION WITH HIS OR HER BIRTH FAMILY. RESOURCE FAMILIES ARE PART OF A TEAM WHO SUPPORTS THE CHILD BY EMBRACING ALL MEMBERS OF THE CHILD'S LIFE, OFTEN PROVIDING SUPPORT TO THE CHILD'S BIOLOGICAL FAMILY, ACTING AS A LIFELONG CONNECTION TO PROMOTE A HEALTHY AND POSITIVE CHANGE. THIS ALLOWS THE RESOURCE FAMILY TO PROMOTE STABILITY AND PERMANENCE FOR THE CHILD THROUGHOUT HIS OR HER LIFE. WHEN REUNIFICATION WITH THE BIRTH FAMILY IS NOT POSSIBLE, THE RESOURCE FAMILY PREPARES THE CHILD FOR THE NEXT STEPS OF PERMANENCY, WHICH MAY INCLUDE ADOPTION.

RFA APPLICATION

START YOUR ONLINE RFA APPLICATION BY CLICKING ON THE BINTI LINK BELOW. PLEASE CONTACT THE RFA UNIT, AT (831) 636-4382 OR RFA@SANBENITOCOUNTYCA.GOV FOR MORE INFORMATION. HARD COPY APPLICATIONS AVAILABLE UPON REQUEST.

LEARN MORE ABOUT RFA:

Linked here